Central Mass Area Hospitals and Institutions Subcommittee Meeting

September 20th, 2026 6:00pm

44 Temple Street Rectory

Zoom ID: 98215126502 Passcode: NA1953

Orientation for new members was held by Patti M. In the future, we will be using the draft orientation a half hour before the regularly held meeting (5:30pm).

Facilitator: Patti M. (Chair)

Attendance/Introductions: 8 Addicts in 8 person/0 Online: Patti M. (Chair), Jonathan S. (Secretary), Sean G. (Asst. Secretary), Rich G. (Panel Coordinator), Alison M. (Panel Coordinator), Karr R., Johanna D. (Assistant Literature), Mike C.

Meeting opened with a Moment of silence, Serenity prayer, 12 Traditions of NA, Twelve Concepts for NA Service, and a Vision for NA Service.

Click here for Commitment Calendar

August minutes

Executive Reports:

Chairperson (Patti M. 06/2025):

- Attended commitments for new Panel Leaders as needed
- Reaching out to PC to offer support
- Attended NAWS H&I webinar
- Attended NERSC

ILS,
Patti M.

Vice-Chairperson (Marcie H. 06/2025): Absent, no report.

Secretary (Jonathan S.):

- Minutes and relevant attachments for H&I service were sent out, including the Videotools workgroup's H&I orientation video.
- Previous month's minutes were moved to the Archive drive folder.
- Updates will continue to be made to the Open Commitment

Calendar as needed.
- Panel Coordinators, please send reports to: HnICMASC@gmail.com
- Continuing to mentor and train the assistant secretary.
- Invite link to Slack, please join the channel cma-hni
    - https://join.slack.com/t/nerscna/shared_invite/zt-46u8sk3pj-p5qJH7HjBHYSyhguODG3wA

With Gratitude,
Jonathan S.

Assistant Secretary (Sean G.):
- Always open and available if panels need a speaker, schedule permitting
- Attended HnI literature Adhoc helped create findings
- Attended Learning Day Adhoc, Created Flyer.
- Helped with another Commitment at Spectrum
- Helping with the Zoom and minutes.

In loving service
Sean G.

Literature Coordinator (Ashley S.): absent with notice.
Over the past two years, it has been a privilege and an honor to serve as the H&I Literature Chair. I am grateful for the opportunity to be of service, to work with the H&I committee, and to help make sure literature and the message of recovery continue to reach addicts who may not otherwise have access to N.A.

Literature & Inventory
• Am an I Addict
• For the Newcomer
• Another Look
• Self-Acceptance
• Sponsorship
• Recovery and Relapse
• Staying Clean on the Outside
• Who, What, How and Why
• Living the Program
• Triangle of Self
• Introduction to N.A. Meetings
• Mental Health
• Additional IPs and recovery literature as needed
We discussed ordering extra IPs and making sure we maintain an inventory so that literature is available when facilities and members need it.
Literature & IP Needs
• Continue keeping an inventory of IPs.
• Order additional IPs as needed.
• Look at ways to save on shipping costs.

• Continue spreading the message through H&I literature.
• Make sure facilities receive the literature they request.
• Continue reviewing which books and IPs are being used most frequently.
• Bring literature needs and recommendations to the Subcommittee.

Facilities & Commitments

Current notes indicate 7 facilities and approximately 44 commitments. There are currently racks that need to be filled, with approximately 8–10 racks needing attention. There was also discussion regarding facilities that have been lost or changed, including RCA and Spectrum, as well as the need to address the remaining racks and literature needs.
The goal is to continue making sure each facility has appropriate literature and that our commitments are being supported.
Literature Costs & Funds
• IPs approximately 30 cents each.
• Approximately 13 IPs discussed.
• Approximately $197 available / $80 in books noted.
• Discussion of approximately 16 IPs at $20 per set/purchase, with additional funds remaining.
• Continue looking for ways to save money on shipping and make the literature budget go further.
Other Items Discussed
• Meeting lists
• Readings
• Printer needs, including a laser printer/Jet printer
• New stamps and a custom stamp
• Three new stamps
• Bringing literature-related items to the Subcommittee
• Improving how IPs are distributed and used
• Increasing participation and involvement in H&I literature service
Stepping Down as Chair
After two years of serving as H&I Literature Chair, I want to sincerely say how grateful I am for this opportunity. This position has allowed me to grow in my service, meet so many people, and play a small part in carrying the N.A. message to addicts who are still suffering.
I am very thankful to everyone who has supported me, worked alongside me, and trusted me with this position. It has truly meant a lot to me.
At this time, I am stepping down from my position as H&I Literature Chair.
I would also like to nominate Joanna for Chair. I am grateful for the opportunity to serve for the past two years, and I hope to continue supporting H&I and the literature committee in whatever way I can.
Thank you for allowing me to be of service.

In loving service,

Ashley

Assistant Literature Coordinator (Joanna D.): Excited to jump in and serve as Literature Coordinator position if elected.

Learning Day Ad-Hoc:

Will be meeting September 23rd, 2026 online:

Join Zoom Meeting

Meeting ID: 891 8596 0561 Passcode: CMANA2026

Living document found here: Learning Day Ad-Hoc

ILS,
Patti M

IF YOU ARE A PANEL COORDINATOR, PLEASE CHECK THE CALENDAR TO MAKE SURE THAT IT REFLECTS THE CORRECT DAYS AND TIMES FOR COMMITMENTS.

Panel Coordinator Reports:

AdCare Hospital (Patti M.):

- Attended commitments for new Panel Leaders as needed
- Reaching out to PC to offer support as well as Ad Care PL
- Attended ASC
- Met with NERSC H&I Sponsorship Behind the Walls Chair and scheduled a presentation at November ASC
- **No Outside Food or Beverages**

  ILS,
  Patti M.

CHL CSS (Rich G. 09/2026): 1 commitment filled. This month there was an issue with a double booking with another group. This was discussed with the facility, Assistant Director and security. Literature Racks have been provided for and filled for the CSS and TSS, the Detox has closed.

CHL TSS (Rich G. 09/2026):

The Haven New England (Vacant Patti M. covering):
1 commitment, filled. The Clinical Director has resigned and the commitment was not fulfilled this month per facility request.

Independence Hall (Open, being covered by Jenna J.): 9 (nine) commitments all filled. Hello, Please see attached and make sure the spreadsheet is updated. The facility no longer needs us to come in on the 2nd Monday of the month. All commitments are filled. The facility expressed interest in day time commitments if anyone is interested.

Thank you,
Jenna

Recovery Centers of America (Marcie H.): 12 (twelve) commitments are filled.

Spectrum Detox (Penny D.):
See Faris report

Spectrum Faris (Penny D.): Every Sunday, and 3rd Tuesday, are filled. 1st Friday (afternoon) is open.
As far as 2:45pm every 1st Friday Faris . We are filling it in each month until we find a permanent person...
For now I just keep that month to month on a panel leader.

Spectrum reached out and really they look forward to that 2:45 afternoon commitment..... if you can please announce we are in need of a panel leader for that commitment .

ILS
Penelope

Spectrum NERC/Giblin (Penny D.): 3rd Tuesday and 4th Monday are filled.

Spectrum Elms (Open): no report.

Evolve CSS (Open, covered by Chair): Open and welcome to commitments. MWBR

Washburn CSS (Vacant, covered by Allison M.): 2nd,3rd,4th Wednesdays. Literature Rack has been provided and filled.

Washburn Detox (Vacant covered by Allison M.): N/A

Washburn RSS (Vacant covered by Allison M.): N/A

Worcester County House of Corrections (Open):

Ongoing Discussions/Projects:

1. Update re: AMD
    a. Suggestion to not include the symbol which is on the front page.

2. Update from Literature Ad Hoc Chair Ashley S.
    a. Suggestions of literature Ad-hoc accepted
        i. 20 QTY of each IP per each Rack
            1. Am an I Addict
            2. For the Newcomer
            3. Another Look
            4. Self-Acceptance
            5. Sponsorship
            6. Recovery and Relapse
            7. Staying Clean on the Outside
            8. Who, What, How and Why
            9. Living the Program
            10. Triangle of Self
            11. An Introduction to N.A. Meetings
            12. Mental Health
            13. For Those in Treatment
            14. Staying clean in isolation
    b. Half amount of books, More meeting lists

3. Independence Hall Panel Coordinator, Harrington Hospital Coordinator

4. Evolve Coordinator needs

5. Follow up on Area response to Ad Care request to fill additional literature racks

Open Forum:

N/A

New Business:

1. Amend Area Meeting Directory to include Tradition 3 and the reading Just For Today. (passed)

Open Positions:

Literature Coordinator: Joanna D. nominated, qualified, and elected unanimously
Assistant Literature Coordinator: Karr nominated, qualified, and elected unanimously
Panel Coordinator:
Independence Hall: Open
Harrington (Webster): Open (Dual Diagnosis Unit)
Evolve: OPEN

Orientation Facilitator for October: Sean G. (Assistant Secretary)

New Panel Leaders:

New Panel Members:

REMINDER TO ALL PANEL LEADERS: PLEASE MAKE SURE TO GO OVER THE DOS AND DONTS WITH PANEL MEMBERS PRIOR TO YOUR COMMITMENT.

The next meeting is scheduled for October 18th, 2026 at 44 Temple Street (Saint John's Church) in the Rectory, with orientation held at 5:30pm. The meeting will also be available via Meeting ID: 891 8596 0561 Passcode: CMANA2026

Please join us on Slack:
https://join.slack.com/t/nerscna/shared_invite/zt-46u8sk3pj-p5qJH7HjBHYSyhguODG3wA