

Central Massachusetts Area of Narcotics Anonymous Meeting Minutes

April 6th 2026 at 6:30 p.m.

Mailing Address: Central MA Area Service Committee
P.O. Box 60492
Greendale Station
Worcester, MA 01606

Next Meeting: May 4th 2026 at 6:30 p.m.
Hybrid Format
Physical Location: Greendale People's Church
25 Francis Street, Worcester, MA. 01606
Zoom: Meeting ID: 982 1512 6502
Passcode: NA1953

Meeting Opened

The meeting opened at 6:30 p.m. with a moment of silence, followed by the "We" version of the serenity prayer, the 12 Traditions, 12 Concepts, and A Vision for NA Service.

Announcements to Groups

GSRs are asked to please read all announcements at your group business meeting. If your group does not have a GSR, any trusted servant or group member can attend the Area meeting to bring concerns, changes, or announcements from the group and to bring information and Area news back to the group.

- Anyone new to Area should attend at 6:00PM for orientation
- For digital contributions, you can find the area on CashApp at **\$CMANA1953**
- Events:
 - None
- New Meetings:
 - None
- New GSR:
 - "Bridge To Recovery" Elias
 - "Sweet Surrender" Rob
 - "Midday Break" Sydney
- Announcements:
 - The ASC is gathering data to determine when and how the Committee meets. We are taking into consideration our meeting time and location to better fit the Area's needs. Please provide your input on the matter in the Google survey [that can be found here](#).
 - The Outreach subcommittee has created a Google form that members can utilize when visiting groups that are struggling. The purpose is to log data and gather feedback from that group, then share the findings with the area at the Building Stronger Home Groups ad hoc meetings to inform us how we can best be of service to the groups in our area. [The form can be found at this link](#).
- Meetings in need of addict support:

- None
- Motions:
 - (*Money motion*) \$165.11 for food for May workshop
 - **PASSED**
- Motions that affect policy and will need to be brought back to groups:
 - None

Attendance Report

Attached to these minutes.

Area Trusted Servants and Subcommittee Reports

Chairperson: Craig R.

- The next Executive Subcommittee Meeting will be at 7:00 PM on Monday April 27
 - Zoom Meeting ID: 982 1512 6502
 - Passcode: NA1953
- The Executive Subcommittee met on March 31st
- A Financial Review and Audit has been completed and will be reported at the April ASC.
- The Treasurer is working on a Financial Template for the subcommittees to use for financial reporting.
- The Workshops Ad Hoc Subcommittee has arranged for a Workshop on Attracting Members to Service at the May ASC meeting. The Ad-Hoc Chair recommends we plan ahead for at least 2 workshops to allow time to make arrangements and begin getting feedback from groups in choosing the workshops they prefer. This will be added to the April ASC Agenda. The Ad Hoc Chair requested the Executive Subcommittee handle the additional 6 months of Bi-Monthly workshops approved at the March ASC meeting. This will also be discussed at the April ASC meeting.
- We discussed the Decision Making Process and the Secretary will write a description of the process based on the February ASC. We will have a follow-up discussion on this and then present it to the ASC in June for discussion.

Vice Chair: Mark A.

None

RCM: Noel D.

None provided

Alternate RCM: Julie M.

None

Secretary: Lila H.

None

Asst. Secretary: Brianna P.

None

Campout Committee: Kyle C.

None provided

Hospitals & Institutions: Patti M.

- Hybrid meeting held March 15 44 Temple Street Rectory
- Orientation at 5:30. Three new members were welcomed in.
- Meeting began at 6:30 with 18 addicts in attendance
- Currently serving 7 facilities with 45 commitments and 10 open commitments (Evolve Panel Coordinator resigned)
- Executive Reports given

Chair recognized with gratitude the continued dedication and efforts in these positions.

- Panel Coordinator reports given. Some concerns noted in these reports included members using excessive offensive language, racial slurs and strong suggestions for further treatment. Panel Coordinator addressed these issues with appropriate members.

Ongoing Discussions/Projects

- Facilitating Orientation. This important process helps insure a clear NA message and offers members the tools and encouragement to move forward in their service. A Straw Poll taken suggesting the Chair and VC alternate monthly orientations. Straw poll accepted as final and passed
- Need to collaborate with PR to schedule training to help all members with a clear understanding of who we are.
- Adapt the NERSC PR door hang to suit the needs of H&I (approval needed from NERSC H&I)

Open Forum

- Panel Leaders must be discerning when inviting speakers. Panel Leader should be responsible in ensuring a clear NA message is delivered. Dos and Dents should be reviewed regularly, regardless of clean time.
- Question regarding adherence to policy requiring attendance and participation. Our Policy will be discussed in the future.

New Business

- Patti M. will lead the Ad-Hoc for the H&I Learning Day The first meeting is Tuesday May 5th 7:00pm on the ASC Zoom. All are encouraged to help form this day.
- A liaison for NERSC PR Training was created. Sean G. volunteered and was elected. Thank you Sean!
- Open Position

Panel Coordinator Independence Hall Washburn CSS Evolve CSS

- Three new Panel Leaders elected unanimously
- The Chair and ASC Chair met with Harrington Hospital Outside Project Director and the Director of Nursing following repeated requests for NA commitments. Our process was explained and they are most hopeful this will happen. This is a dual diagnosis unit.
- Request from Gardner MCI. It is difficult to serve new facilities when we are unable to fill Panel Coordinator positions for existing relationships.

Meeting closed at 7:10

ILS,

Patti M.

H&I Orientation video: <https://youtu.be/izgiNI81qeM>

Events: Michele B.

Hello all

The subcommittee met on Tuesday 3/10 at 6:30 pm via zoom. There were 5 people in attendance. We finalized the menu for brunch, and discussed gathering the items for the auction/raffle.

The event will be held at St Francis Xavier [20 Temple St Worcester](#) 4/5 11:30-2:30. We are pre-selling tickets as well as at the door. Come bring a newcomer or just buy tickets to support your area.

As always, thank you for allowing me to service

Michele B

Outreach Committee: Teri T.

OUTREACH in CMANA focus

"Our focus is to increase participation and prioritize struggling meetings and maintain consistent follow up visits. We are also working to identify undeserved meetings for future Outreach efforts"

Awareness and availability seem to be the factor. Outreach is working on increasing visibility and directly inviting members to participate.

Every last Tuesday of the month we meet via Zoom at 6pm. We have been consistent on meeting every last Tuesday. We could use your participation in brainstorming ideas and ect.

We are setting up a word excel spread sheet by Eric. So that we can keep track on GSR and which groups have not been showing up at area and if they have not attended 3 or more meetings at Area service meetings. We have ready and willing volunteers ready to go visit the groups.

This month April 9th we have been invited to the Worcester county sheriff's office to communicate the NA message to Addicts just coming out of DOC and on probation.

We hope you can make our next meeting the last Tuesday of the month at 6pm.

In loving service,
Teri T

IT Services: Jonathan S.

- Please email event information to it@centralmassna.org so it can be uploaded to our area calendar. A reminder that for any events that groups or subcommittees would like placed on the NERNA calendar, we will do so for you and to let us know as soon as possible.
- Will continue to ask for contacts for every group that is currently meeting to get email contact information for the BMLT (this does not have to be a GSR).
- ASC minutes and Attendance were uploaded when they were emailed.
- Updates were made to the ASC calendar for groups and service bodies as well as upcoming and concluded group and area events.
- Service Menu is being worked on but we need input. Direct outreach to ASC Trusted Servants is underway.
- Staging Site Ad-Hoc being led by IT Vice-Chair
- We are looking for members to train on the website as well as using the equipment for hybrid meetings. We continue to offer walk-thrus for any interested member, please contact it@centralmassna.org or itvc@centralmassna.org to schedule.
- Full analytics in Addendum A. Total Views: 1,219 Total Visitors: 686
- Subcommittee meetings are held every 3rd Monday with the next meeting being April 20th, 2026 at 7:00pm on the ASC Zoom:
 - Zoom: ID: 98215126502
 - Passcode: NA1953

ILS,

IT Services subcommittee

Policy: Gina W.

None provided

Public Relations: *Vacant*

Phone Line: Anthony L.

2 phone calls received this month

Treasurer: Annastasia D.

Prior Bal: \$0.00

Contributions: (15) \$693.00

Paid Out: \$693.01

Prudent: \$1,900.00

Events: \$400.00

Campout: \$212.56

H&I Learning Day: \$250.00

GROSS: \$2,762.65

AVAILABLE: \$0.00

● For digital contributions, you can find the area on CashApp at **\$CMANA1953**

Asst. Treasurer: Josh M.

None

Workshop Ad Hoc: Noel D.

None provided

New Meeting Place/Time Ad Hoc: Noel D.

None provided

Literature Subcommittee: Sean G.

We met twice this past month to get more organized and on the same page. A member from another area joined us and shared some insight into how they do things with a World account. I have also attached the Digital Order form. We want to discuss the consensus on the starter kit items.

Ordering may commence for May

-Orders/Payments can be digitally submitted to LiteratureCMASC@gmail.com and CashApp [\\$LitCMASC](#)

-Physical Orders/Payments can be submitted at the ASC Meeting or in person with me up to 12 days before the next ASC meeting.

-Subcommittee Orders/Payments will be placed through the Lit Distribution Committee this upcoming ordering cycle to be filled for May 2026.

If there are any questions or a need for clarification, don't hesitate to reach out.

ILS,
Sean G.

Old Business

- Elections were held at this month's ASC meeting. The following table shows election results for each trusted servant's position:

Chair: Craig R.	Secretary: <i>OPEN</i>	Outreach: Teri T.	Phoneline: Anthony L. /Karr R.
Vice Chair: Mark L.	Asst. Secretary: <i>OPEN</i>	IT: Bubbles G.	Treasurer: Anastasia D.
RCM: Noel D.	H&I: Patti M.	Policy: Gina W.	Asst. Treasurer: Josh M.
Alt. RCM: Julie M.	Events: Michele B.	PR: <i>OPEN</i>	

Camp out elections rotate separately from other positions

- Nominations for Secretary, Assistant Secretary, and PR Chair will be open beginning next month

Group Concerns

- None

Open Forum opened @ 7:47

- A member inquired if the upcoming in-person regional meeting in June, that's to be held in the Central Mass Area, is the responsibility of this body to coordinate:
 - A response was provided that this body has no financial obligation, rather that cma will likely receive a check for \$600 from region to cover reserving the meeting location and food provided
 - It was noted that the regional meeting being held in cma offers a unique opportunity for local members to attend more easily and observe how the upcoming regional elections function
- The H&I chair inquired to gauge interest in a H&I learning day collaboration with the events subcommittee, with a theme of "Latin Flair Night/Evening":
 - The events chair suggested a collaboration with PR for this event may be beneficial
 - General consensus was there is sufficient interest to move forward
- A member suggested that it may be helpful to provide GSRs new to area physical copies of the 12 Concepts, GSR basics, and The Group booklet:
 - Another member mentioned that these materials are available on the area website specifically for new GSRs

- It was stated that printed materials may be preferable to digital resources for those now learning how area functions
- Several members suggested adapting these materials into a welcome packet specific to CMA
- Another member recommended also including these materials in the new group starter kits
- The general consensus was that having the physical materials at the area meeting for GSRs to take would be useful to take home
- A member shared with this body that Google has a grant program for nonprofits providing them \$10,000 worth of advertising, and asked if this is something the area would be interested in pursuing:
 - General consensus was positive, more information to come
- A member joined to report local interest in an area convention:
 - This member proposed the creation of an area convention committee
 - Another member who also serves on the treasury of the New England Region Convention committee spoke to the struggles conventions usually have (financial and organizational). They relayed that other areas who host local conventions typically have built set asides that have grown over a course of years. They also shared that in recent years, the cost for reserving facilities has drastically increased. This member remarked that they do not wish to discourage the interest in an area convention, but that they only wish to relay what struggles may present themselves.
 - Another member questioned if the interested parties were aware that they could request other larger conventions (such as New England Regional Convention or Multi-area Convention) be hosted in the central mass area instead.
 - It was suggested that an ad hoc committee be created to gather information such as feasibility, cost, and locations, for this body to fully evaluate the possibility of an area convention.
 - Malika P. agreed to chair ad hoc committee
- A member joined to express their confusion with the current state of global addiction vs. NA attendance:
 - This member referenced their home group as an example of this, being that it is a hybrid meeting with attendance shifting more towards virtual. They shared that this presented the issue of potentially having to close the meeting in person and move entirely towards hosting it virtually.
 - Conversation continued around challenges the fellowship has faced post-covid, both globally and locally
 - Other members suggested revisiting these topics as possible material for upcoming workshops
 - A number of members expressed that while meetings and the fellowship at large are having struggles with member support, there is still a wealth of effort and care within NA, referencing the high number of GSRs present at this month's area meeting

New Business

- Discussion was held around the area workshops topics and schedule:
 - The May workshop on attracting members to service has already been arranged, and requests have been received for workshops on MAT/DRT and predatory and disruptive behavior.
 - Groups should provide feedback on which workshops they would like to see held, and can reference the provided lists of options from the New England Region fellowship development menu, and Northeast Zonal Forum options

- Please note that groups can suggest any topic that may not be found on these lists, NERNA is available to create custom workshops
- This body is aiming to schedule workshops two workshops ahead to allow presenters time to prepare.
 - Want to determine July workshop next month, then plan September and November
- It was restated that eventually this body will need to create a permanent subcommittee within policy if workshops are to continue
- A member noted that come September, new IDTs will be available and may provide a wealth of information and materials for new workshops. Additionally, the Western Service Learning Days coming up this Fall will feature workshops from the World Board that this body may utilize

Motions:

- *(Money motion) Submitted by Workshop Ad Hoc*
 - **Motion:** \$165.11 for food for May workshop
 - **Intent:** To feed people and express our appreciation for your participation
 - **PASSED**

Next Subcommittee Meetings:

- ***Please see the area calendar for a full breakdown of this month's upcoming subcommittee meetings; [this can be found here on our website.](#)***

ILS,
Lila H.