

Central Mass Area Hospitals and Institutions Subcommittee Meeting

May 18th 2025 6:00pm

44 Temple Street Rectory

[Zoom: ID: 98215126502 Passcode: NA195](#)

Orientation for new members using the orientation packet and NA virtual outreach video: <https://youtu.be/izgiNI81qeM> a half hour before the regularly held meeting (5:30p) Zack H. attended let us welcome him in!

Meeting opened with a moment of silence, the unity version of the serenity prayer, and collective reading of; the [12 Traditions of NA, the 12 Concepts for NA service](#) and, [A Vision for NA Service](#).

Attendance/Introductions: Six (6) addicts were in attendance.

[Click here for Commitment Calendar](#)

[Minutes for April](#) were accepted.

Executive Reports:

Chairperson (John D. 06/2023): 50 active monthly commitments in 10 facilities. We are moving Learning Day to Aug 2 location to be determined. Rent is paid up to date.

ILS,
John D

Vice-Chairperson (Patti M. 07/2024): Attended Area. Attended last Region H&I. Attended H&I workshop at NESSSNA. Attended Service Slam Mtgs for H&I

ILS,
Patti

Secretary (Jonathan S., thevirtualjonathan@gmail.com):

- Minutes and relevant attachments for H&I service were sent out, including the [Videotools workgroup's H&I orientation video](#).
- Previous month's minutes were moved to the [Archive drive folder](#).
- Updates will continue to be made to the [Open Commitment](#)

[Calendar](#) as needed.

- With this body's permission a gmail account will be made to transfer all of the archives and material this month. With login info being given to the Chair, Vice-Chair, Secretary, and Assistant Secretary.

ILS,

Jonathan S.

Assistant Secretary (Jessica G.): absent, with notice.

Literature Coordinator (Ashely S.): Up to date with literature ordered this month, \$197 received from the ASC. Literature racks have been priced. Will be gone from the 4th thru the 14th, contact Kris W. if you need literature. Asking for information/suggestions about cost/reimbursement for printing meeting directories. Suggestion is to make a money motion for reimbursement for toner and paper for meeting directories.

Assistant Literature Coordinator (Laura H.): absent, with notice.

Learning Day Ad-Hoc (John D.): Will be looking for a location in the northern part of the Area. Will be holding a meeting in June.

IF YOU ARE A PANEL COORDINATOR, [PLEASE CHECK THE CALENDAR TO MAKE SURE THAT IT REFLECTS THE CORRECT DAYS AND TIMES FOR COMMITMENTS.](#)

Panel Coordinator Reports:

AdCare (Patti M.): 11 commitments, all are filled. Adcare would like additional commitments if anyone is interested There were a couple of missed commitments and that Panel Leader will be spoken to as to whether or not they want to continue with their service position. The panel leaders were contacted by our Panel Coordinator. Open: All Mondays, Fridays, Saturdays all commitments are held 7p-8p with an emphasis on Mondays and Fridays. No one has missed a commitment this month. **Outside food and drink are prohibited.**

CHL Detox(Vacant): requesting commitments (VC will be reaching out this month to CHL)

CHL MYR (Michele B.): requesting commitments, in contact with the facility. MWBR.

CHL CSS (Vacant): requesting commitments

CHL TSS (Vacant): requesting commitments

The Haven New England (OPEN): currently being overseen by VC.

Naukeag (Marissa R.): 2 (two) commitments, both filled. Naukeg is holding up well! Checked in with the contact and they are not looking for new commitments at this time nor have any complaints. The folder was cleaned out and the format was again updated.

RCA (Marci H.): 12 (twelve) commitments, all but the 2nd thursday are filled.

Spectrum Detox (Penny D.): 1 (one) commitment filled. Requesting more commitments if possible.

Spectrum Faris (Penny D.): 4 (four) commitments, all filled. Requesting more commitments if possible.

Spectrum NERC (Penny D.): 3 (three) commitments, all are filled. Requesting more commitments if possible.

Sunrise Detox (Frank D.): 2 (two) commitments Sunrise 🌅 are doing well 1st Sunday 2nd Thursday both filled. I have a new Panel leader who's helping me out. Per Diem commitments are being done if possible.

Veterans Inc. (Jenna J.): 10 (ten) commitments 8 are filled. Requesting more commitments if possible. In need of Panel Leaders for the 1st and 3rd Mondays.

Washburn (Ashley P.): Every Wednesday CCS is filled, Open All Sundays, 3rd Monday 2nd and 3rd Tuesday, 2,3,4 Friday All 7pm-8pm.

Worcester County House of Corrections (Open): Closed until further notice. Planning to elect a new Panel Coordinator as soon as possible.

Ongoing Discussions/Projects:

- Encourage attendance H&I subcommittee: Panel Coordinators will invite Panel Leaders to attend the next meeting. NERC ends that Sunday so it may not be well attended. All H&I Trusted Servants are encouraged to attend the monthly, regularly scheduled subcommittee meeting.
- To Hold a Potluck at the next H&I meeting on June 15th with further discussion in May.. This has been agreed upon and people will bring a dish.
- Panel Coordinators will ask their respective facilities if they'd be open to holding virtual commitments. And make them aware of virtual commitments. (ongoing)
- Concepts Ad-Hoc (Jessica G.): [Concept Ad-Hoc](#); no report
- Service Slam Liaison (Julie M.): absent, no report.
- Applications for MCI Framingham will be made available for members upon request from the Chair.
- To direct PR to print 9 CMASC PR flyers to be laminated for each facility we currently serve. Flyers have been printed and will be distributed this month.
- Ask Panel Coordinators to reach out to the Facilities to ask if they would want us to place and stock Literature Racks in lieu of panel leaders bringing and leaving IPs/Meeting Directories. Pricing will be done by the Literature Chair.
- Cards have been made for WSR for volunteers to sign up, a batch will be picked up at the next NERSC H&I meeting.
- The discussion of Spanish speaking commitments was tabled.

Open Forum:

- DOC commitments are likely coming back. Bring up different ways of holding commitments, offering the Institutional Group Guide, Basic Text and other literature on tablets, not making the geographic area to be overburdened with commitments as we would end up serving 5 and some Areas would serve none. The Chair and Vice-Chair will bring these concerns up at the next NERSC H&I meeting in June.
- To request an amount for the toner to print meeting directories over the regular amount allotted to H&I monthly.
- Include a link to this meeting in the future in NERSC Slack HNI Channel
- Do we want to include Regional PR cards in our literature distribution? 500 cards is \$49 Including shipping. (Tabled)

New Business: (including nominations and panel leaders):

- Ask the ASC about investing in a printer that we use exclusively for printing meeting directories as the cost of printing has made it difficult to consistently print for H&I by members.

Open Positions:

Panel Coordinator:

The Haven: Open

New Panel Leaders and Members: Zack H. was nominated, qualified, and elected unanimously.

REMINDER TO ALL PANEL LEADERS: PLEASE MAKE SURE TO GO OVER THE DOS AND DONTS WITH PANEL MEMBERS PRIOR TO YOUR COMMITMENT.

Meeting closed with the addict circle, a moment of silence and the 3rd step prayer.

Next meeting is scheduled for June 15th, at 44 Temple Street (Saint Johns Church) in the Rectory, with orientation held at 5:30pm. The meeting will also be available via

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