

Central Mass Area Hospitals and Institutions Subcommittee Meeting

April 13th 2025 6:00pm

[Zoom: ID: 98215126502 Passcode: NA195](#)

Orientation for new members using the orientation packet and NA virtual outreach video: <https://youtu.be/izgiNI81qeM> a half hour before the regularly held meeting (5:30p)

Meeting opened with a moment of silence, the unity version of the serenity prayer, and collective reading of; the [12 Traditions of NA, the 12 Concepts for NA service](#) and, [A Vision for NA Service](#). Julie M. and Jamal M. (no relation) were in attendance. Welcome!

Attendance/Introductions: 9 (nine) addicts were in attendance.

[Click here for Commitment Calendar](#)

[Minutes for March](#) were accepted.

Executive Reports:

Chairperson (John D. 06/2023): 46 active monthly commitments in 9 facilities. Met on zoom for the NERSC H&I meeting.

ILS,
John D

Vice-Chairperson (Patti M. 07/2024): Attended ASC meeting, and the NERSC H&I meeting. Met with the program director at The Haven re: bringing commitments back in. Concerns were brought up over the consistency of past commitments as well as the content of ESH by certain panel members including graphic detail of active addiction. These concerns were assuaged by way of our H&I material as well as careful choice of who leads a panel.

Secretary (Jonathan S., thevirtualjonathan@gmail.com):

- Minutes and relevant attachments for H&I service were sent out, including the [Videotools workgroup's H&I orientation video](#).
- Previous month's minutes were moved to the [Archive drive folder](#).
- Updates will be made to the [Open Commitment Calendar](#) as needed.

ILS,

Jonathan S.

Assistant Secretary (Jessica G.): absent, with notice.

Literature Coordinator (Ashely S.): Attended the ASC meeting and received a cheque of \$197 but there is an issue of meeting lists.

Assistant Literature Coordinator (Open):

IF YOU ARE A PANEL COORDINATOR, PLEASE CHECK THE CALENDAR TO MAKE SURE THAT IT REFLECTS THE CORRECT DAYS AND TIMES FOR COMMITMENTS.

Panel Coordinator Reports:

AdCare (Patti M.): 11 commitments, all are filled. Adcare would like additional commitments if anyone is interested There were a couple of missed commitments and that Panel Leader will be spoken to as to whether or not they want to continue with their service position. The panel leaders were contacted by our Panel Coordinator. Open: All Mondays, Fridays, Saturdays all commitments are held 7p-8p with an emphasis on Mondays and Fridays. No one has missed a commitment this month. **Outside food and drink are prohibited.**

CHL Detox(Vacant): requesting commitments

CHL MYR (Vacant): requesting commitments

CHL CSS (Vacant): requesting commitments

CHL TSS (Vacant): requesting commitments

The Haven New England (OPEN): currently being overseen by VC.

Naukeag (Marissa R.): 2 (two) commitments, both filled. Naukeg is holding up well! Checked in with the contact and they are not looking for new commitments at this time nor have any complaints. The folder was cleaned out and the format was again

updated.

RCA (Marci H.): 12 (twelve) commitments, all are filled.

Spectrum Detox (Penny D.): 1 (one) commitment filled. Requesting more commitments if possible.

Spectrum Faris (Penny D.): 2 (two) commitments, both filled. Requesting more commitments if possible.

Spectrum NERC (Penny D.): 4 (four) commitments, all are filled. Requesting more commitments if possible.

Sunrise Detox (Frank D.): 2 (two) commitments Sunrise 🌅 are doing well 1st Sunday 2nd Thursday both filled. I have a new Panel leader who's helping me out. Per Diem commitments are being done if possible.

Veterans Inc. (Jenna J.): 10 (ten) commitments 8 are filled. Requesting more commitments if possible. In need of Panel Leaders for the 1st and 5th Mondays

Washburn (Ashley P.): Every Wednesday CCS is filled, Open All Sundays, 3rd Monday 2nd and 3rd Tuesday, 2,3,4 Friday All 7pm-8pm. [Commitment contact form](#)

Worcester County House of Corrections (Open): Closed until further notice. Planning to elect a new Panel Coordinator as soon as possible.

Ongoing Discussions/Projects:

- Encourage attendance H&I subcommittee: Panel Coordinators will invite Panel Leaders to attend the next meeting. NERC ends that Sunday so it may not be well attended. All H&I Trusted Servants are encouraged to attend the monthly, regularly scheduled subcommittee meeting.
- To Hold a Potluck at the next H&I meeting in June with further discussion in May.. This has been agreed upon and people will bring a dish.
- Panel Coordinators will ask their respective facilities if they'd be open to holding virtual commitments. And make them aware of virtual commitments.

(ongoing)

- Concepts Ad-Hoc (Jessica G.): [Concept Ad-Hoc](#); no report
- Service Slam Liaison (Vacant): This has been pushed to a tentative date of June 21st with a location to be determined. MWBR. A new liaison for H&I is necessary. Julie M. was appointed.
- Applications for MCI Framingham will be made available for members upon request from the Chair.
- To direct PR to print 9 CMASC PR flyers to be laminated for each facility we currently serve. (pr will complete this week)
- Is anyone doing commitments at Harrington Detox in Webster? Not at this point in time.

Open Forum:

- Cards have been made for WSR for volunteers to sign up.
- A Panel Coordinator has asked about H&I providing commitments in Spanish. Vets Inc. and CHL have shown interest. This is supported by the committee. The recommendation is to have the interested member become a Panel Coordinator for any Spanish speaking commitments.
- Is reading the entirety of the Twelve Traditions in detox prudent? Traditions 1, 3, 5, and 12 are important but you may lose the patients/clients. It's up to the Panel Leader which readings to use.
- DOC commitments are likely coming back. Bring up different ways of holding commitments, offering the Institutional Group Guide, Basic Text and other literature on tablets, not making the geographic area to be overburdened with commitments as we would end up serving 5 and some Areas would serve none. The Chair and Vice-Chair will bring these concerns up at the next NERSC H&I meeting in June

- Do we want to include Regional PR cards in our literature distribution? 500 cards is \$49 Including shipping. (Tabled)

New Business: (including nominations and panel leaders):

- Include a link to this meeting in the future in NERSC Slack HNI Channel: passes unanimously.
- H&I Basics Corrections is in the review process with input being closed on May 15th. <https://na.org/naws-projects-and-surveys/revising-hi-basics/>
- Ask Panel Coordinators to reach out to the Facilities to ask if they would want us to place and stock Literature Racks in lieu of panel leaders bringing and leaving IPs/Meeting Directories. Pricing will be done by the Literature Chair.
- Ask the ASC about investing in a printer that we use exclusively for printing meeting directories as the cost of printing has made it difficult to consistently print for H&I by members.
- To request an amount for the toner to print meeting directories over the regular amount allotted to H&I monthly.
- Learning Day on August 2nd: work with Events to organize an H&I Learning Day with Events. John D. was nominated, qualified, and elected unanimously.
- Offer Spanish speaking commitments at facilities who request them. Jenna will reach back out to the member who asked about offering this and asking them if they would take a Panel Coordinator position to oversee these commitments.

Open Positions:

Assistant Literature Coordinator: Laura H. nominated, qualified, and elected

Panel Coordinator:

The Haven: Open

CHL MYR: Michele B. was nominated, qualified, and elected.

New Panel Leaders and Members: Julie M. nominated, qualified, and elected unanimously.

REMINDER TO ALL PANEL LEADERS: PLEASE MAKE SURE TO GO OVER THE DOS AND DONTS WITH PANEL MEMBERS PRIOR TO YOUR COMMITMENT.

Meeting closed with the addict circle, a moment of silence and the 3rd step prayer.

Next meeting is scheduled for May 18th, at 44 Temple Street (Saint Johns Church) in the Rectory, with orientation held at 5:30pm. The meeting will also be available via [Zoom: ID: 98215126502 Passcode: NA1953](#)