

Central Mass Area Hospitals and Institutions Subcommittee Meeting

March 16th 2025 6:00pm

[Zoom: ID: 98215126502 Passcode: NA195](#)

Orientation for new members using the orientation packet and NA virtual outreach video: <https://youtu.be/izgiNI81qeM> a half hour before the regularly held meeting (5:30p)

Meeting opened with a moment of silence, the unity version of the serenity prayer, and collective reading of; the [12 Traditions of NA](#), the [12 Concepts for NA service](#) and, [A Vision for NA Service](#).

Attendance/Introductions: 9 (Nine) addicts were in attendance.

[Click here for Commitment Calendar](#)

[Minutes for February](#) were accepted.

Executive Reports

Chairperson (John D. 06/2023): We had our subcommittee meeting on February 16 th with 10 (Ten) addicts in attendance. Literature is available if people need it. We had a presentation at the FNSoG retreat. I would like to thank Chelsea, Justin and Will from the regional body who traveled out to speak. We have 53 commitments in 9 facilities and are always looking for speakers and panel leaders. I attended and participated in the NERC H&I workshop.

ILS,
John D

Vice-Chairperson (Patti M. 07/2024): Still Learning. Does not apologize for being absent this evening.

Secretary (Jonathan S., thevirtualjonathan@gmail.com):

- Minutes and relevant attachments for H&I service were sent out, including the [Videotools workgroup's H&I orientation video](#).
- Previous month's minutes were moved to the [Archive drive folder](#).

- Updates will be made to the [Open Commitment Calendar](#) as needed.

ILS,

Jonathan S.

Assistant Secretary (Jessica G.): absent, with notice.

Literature Coordinator (Ashely S.): For 3 consecutive months 197 from the ASC Treasurer. Waiting for responses from Panel Coordinators/Leaders to distribute. Took literature to NERC XX and some people grabbed some there. Will be placing an order in April.

ILS,

Ashley S.

Assistant Literature Coordinator (Mike W.): absent without notice, position is vacated.

IF YOU ARE A PANEL COORDINATOR, PLEASE CHECK THE CALENDAR TO MAKE SURE THAT IT REFLECTS THE CORRECT DAYS AND TIMES FOR COMMITMENTS.

Panel Coordinator Reports:

AdCare (Patti M.): 11 commitments, all are filled. Adcare would like additional commitments if anyone is interested There were a couple of missed commitments and that Panel Leader will be spoken to as to whether or not they want to continue with their service position. The panel leaders were contacted by our Panel Coordinator. Open: All Mondays, Fridays, Saturdays all commitments are held 7p-8p. **Outside food and drink are prohibited.**

CHL Detox(Vacant): CJ will reach out to a facility contact.

CHL MYR (Vacant): no report

CHL TSS (Vacant): no report

The Haven New England (OPEN): No report, Facility has yet to reach back.

Naukeag (Marissa R.): 2 (two) commitments, both filled. Naukeg is doing well, literature should be there next month. I will be giving my panel leaders an updated format seeing as I'm not sure what happened to ours when I visited this month! Thanks!

RCA (Marci H.): 12 (twelve) The first Tuesday of the month is empty. Fourth Tuesday is filled by Conner N.

Spectrum Detox (Penny D.): 1 (one) commitment filled. Requesting more commitments if possible.

Spectrum Faris (Penny D.): 2 (two) commitments, both filled. Requesting more commitments if possible.

Spectrum NERC (Penny D.): 4 (four) commitments, all are filled. Requesting more commitments if possible.

Sunrise Detox (Frank D.): 2 (two) commitments Sunrise 🌅 is doing well 1st Sunday 2nd Thursday no more 2nd Tuesday i have a new Panel leader who's helping me out. Per Diem commitments are being done if possible.

Veterans Inc. (Jenna J.): 10 (ten) commitments 8 are filled. Requesting more commitments if possible. In need of Panel Leaders for 3rd Monday, and 2nd Wednesday. Starting in April, I will have the first and the fifth Mondays vacant and in need of a panel leader at Independence Hall.

Washburn (Ashley P.): Every Wednesday CCS is filled, Open All Sundays, 3rd Monday 2nd and 3rd Tuesday, 2,3,4 Friday All 7pm-8pm. [Commitment contact form](#)

Worcester County House of Corrections (Open): Closed until further notice. Planning to elect a new Panel Coordinator as soon as possible.

Ongoing Discussions/Projects:

- Encourage attendance H&I subcommittee: Panel Coordinators will invite Panel Leaders to attend the next meeting. NERC ends that Sunday so it may not be well attended. All H&I Trusted Servants are encouraged to attend the monthly, regularly scheduled subcommittee meeting.
- Panel Coordinators will ask their respective facilities if they'd be open to holding virtual commitments. And make them aware of virtual commitments. (ongoing)
- Concepts Ad-Hoc (Jessica G.): Jessica G. was appointed new chair. [Concept Ad-Hoc](#): no report
- Service Slam Liaison (Jessica G.): Each subcommittee has a 45 min time slot to Come up with a fun game to get people excited to get involved in service. The restoration center from 11 to 5 on May 3rd. MWBR
- Applications for MCI Framingham will be made available for members upon request from the Chair.
- Is anyone doing commitments at Harrington Detox in Webster? Not at this point in time.
- Learning Day on August 2nd: work with Events to organize an H&I Learning Day with Events. We will reach out to members in the northern part of the Area to see if there is interest and support for it to be held outside of Worcester. Lake Quinsig? Cogshall? Leominster state forest? An Ad-Hoc Chair will be made at the next subcommittee meeting
- How are we providing the tools and encouragement to those serving H&I so that they may be successful? Do we mentor? We have success in this area and will be able to offer this experience with the rest of the ASC which has difficulty in this respect. Mentoring/Training
- Discuss ideas of how we can make serving more attractive/invite more members to join. Ideas included recreational activities, a forum for questions and discussions. Encouraging observing on commitments prior to verbal participation.
- Spectrum will have a new facility opening and will likely request more commitments. This facility does not fall under H&I as it allows residents to go to outside meetings.

- To Hold a Potluck at the next H&I meeting in April. This has been agreed upon and people will bring a dish.
- To direct PR to print 9 CMASC PR flyers to be laminated for each facility we currently serve. (pr will complete this week)
- **There were concerns about the ASC Treasurer not handing over our monthly cheque. We had not received the cheque and had to ask a member to place the order for us. This will be brought up by the H&I Chair at the next ASC meeting. This will be resolved in the upcoming months.** This issue has been resolved and the current Treasurer has been giving our Literature Coordinator a cheque of \$197 the past three months.

Open Forum:

- Discussions became the motions below.

New Business: (including nominations and panel leaders):

- Include a link to this meeting in the future in NERSC Slack HNI Channel: passes unanimously.
- Chairperson will suggest at NERSC H&I meeting in April that Regional H&I reach out to Regional PR to work on getting NA back behind the wall. Passes unanimously
- Ask Panel Coordinators to reach out to the Facilities to ask if they would want us to place and stock Literature Racks in lieu of panel leaders bringing and leaving IPs/Meeting Directories. Passes unanimously

Open Positions:

Panel Coordinator: The Haven: Still no word on a Facility Contact, will reach out again this month.

New Panel Leaders and Members: none

REMINDER TO ALL PANEL LEADERS: PLEASE MAKE SURE TO GO OVER THE DOS AN

DONTS WITH PANEL MEMBERS PRIOR TO YOUR COMMITMENT.

Meeting closed with the addict circle, a moment of silence and the 3rd step prayer.

Next meeting is scheduled for TBD, at 44 Temple Street (Saint Johns Church) in the Rectory, with orientation held at 5:30pm. The meeting will also be available via [Zoom](#):
[ID: 98215126502 Passcode: NA1953](#)