

Central Mass Area Hospitals and Institutions Subcommittee Meeting

February 16th 2025 6:00pm

[Zoom: ID: 98215126502 Passcode: NA195](#)

Orientation for new members using the orientation packet and NA virtual outreach video: <https://youtu.be/izgiNl81qeM> a half hour before the regularly held meeting (5:30p) Julie M., Kayla D., Ashley A. all attended. Welcome!!!

Meeting opened with a moment of silence, the unity version of the serenity prayer, and collective reading of; the [12 Traditions of NA](#), the [12 Concepts for NA service](#) and, [A Vision for NA Service](#).

Attendance/Introductions: 10 (Ten) addicts were in attendance.

[Click here for Commitment Calendar](#)

[Minutes for January](#) were accepted.

Executive Reports

Chairperson (John D. 6/2023): I attended area region, got literature check.

ILS, John. D.

Vice-Chairperson (Patti M. 07/2024): I attended regional H&I, attended our asc, and attended wrs. I will be attending the FNSOG H&I slot at their retreat.

Secretary (Jonathan S., thevirtualjonathan@gmail.com)

- Minutes and relevant attachments for H&I service were sent out, including the [Videotools workgroup's H&I orientation video](#).
- Previous month's minutes were moved to the [Archive drive folder](#).
- Updates will be made to the [Open Commitment Calendar](#) as needed.

ILS,

Jonathan S.

Assistant Secretary (Jessica G.): attended and took notes for the minutes at this meeting.

Literature Coordinator (Ashely S.): absent with notice, and was able to order literature.

Assistant Literature Coordinator (Mike): absent without notice.

IF YOU ARE A PANEL COORDINATOR, PLEASE CHECK THE CALENDAR TO MAKE SURE THAT IT REFLECTS THE CORRECT DAYS AND TIMES FOR COMMITMENTS.

Panel Coordinator Reports:

AdCare (Patti M.): 9 commitments, all are filled. Adcare would like additional commitments if anyone is interested There were a couple of missed commitments and that Panel Leader will be spoken to as to whether or not they want to continue with their service position. The panel leaders were contacted by our Panel Coordinator. Open: All Mondays, Fridays, Saturdays all commitments are held 7p-8p. **Outside food and drink are prohibited.**

CHL Detox(Vacant): CJ will reach out to a facility contact.

CHL MYR (Vacant): no report

CHL TSS (Vacant): no report

The Haven New England (OPEN): Vice-Chair reached out multiple times this past monday but there seems to be a communication breakdown. They do not seem to have a reliable facility contact for us to begin resuming commitments.

Naukeag (Marissa R.): 2 (two) commitments, both filled. Panel Leaders need more Panel Members.

RCA (Marci H.): 12 (twelve) The first Tuesday of the month is empty. Fourth Tuesday is filled by Conner N.

Spectrum Detox (Penny D.): 1 (one) commitment filled. Requesting more commitments if possible.

Spectrum Faris (Penny D.): 2 (two) commitments, both filled. Requesting more commitments if possible.

Spectrum NERC (Penny D.): 4 (four) commitments, all are filled. Requesting more commitments if possible.

Sunrise Detox (Frank D.): 5 (five) commitments with the 1st Sunday, 2nd Thursday filled the other Sundays open. There have been per diem commitments going in when the facility has asked and we have had the panels to fulfill the request. The facility is requesting more commitments specifically Tuesdays and Thursdays.

Veterans Inc. (Jenna J.): 10 (ten) commitments 8 are filled. Requesting more commitments if possible. In need of Panel Leaders for 3rd Monday, and 2nd Wednesday.

Washburn (Ashley P.): Every Wednesday CCS is filled, Open All Sundays, 3rd Monday 2nd and 3rd Tuesday, 2,3,4 Friday All 7pm-8pm. [Commitment contact form](#)

Worcester County House of Corrections (Open): Closed until further notice. Planning to elect a new Panel Coordinator as soon as possible.

Ongoing Discussions/Projects:

- FNSOG Retreat H&I presentation (Patti M.): Planning is complete. Focusing on the positions of H&I not just what they are but how they affect our recovery. Adding recorded share from George E on service keeps us clean.(15mins) finish with Q and A and members talking about their experience with H&I.

- Reach out to all H&I trusted servants to attend and introduce themselves at regularly scheduled H&I subcommittee meetings. (ongoing)
- Panel Coordinators will ask their respective facilities if they'd be open to holding virtual commitments. And make them aware of virtual commitments. (ongoing)
- Concepts Ad-Hoc (Jessica G.): Jessica G. was appointed new chair. [Concept Ad-Hoc](#): no update
- Service Slam Liaison (Jessica G.): meeting with Patti and Marissa. Each subcommittee has a 45 min time slot to Come up with a fun game to get people excited to get involved in service. The restoration center from 11 to 5 on May 3rd.
- Applications for MCI Framingham will be made available for members upon request from the Chair.
- Is anyone doing commitments at Harrington Detox in Webster? Not at this point in time. But if anyone is willing to contact them we would be willing. (incomplete)
- Learning Day on August 2nd: work with Events to organize an H&I Learning Day with Events. We will reach out to members in the northern part of the Area to see if there is interest and support for it to be held outside of Worcester. Lake Quinsig? Cogshall? Leominster state forest?

Open Forum: (15 minutes)

- How are we providing the tools and encouragement to those serving H&I so that they may be successful? Do we mentor? We have success in this area and will be able to offer this experience with the rest of the ASC which has difficulty in this respect. mentoring
- Encourage to attend H&I subcommittee: Panel Coordinators will invite Panel Leaders to attend the next meeting. NERC ends that Sunday so it may not be well attended. This will happen in March and possibly April as well.
- Discuss ideas of how we can make serving more attractive/invite more members to join. Ideas included recreational activities, a forum for questions and discussions. Encouraging observing on commitments prior to verbal participation.

New Business: (including nominations and panel leaders):

- Spectrum will have a new facility opening and will likely request more commitments. Penny will be taking the lead on that and contacting our Spectrum facility contact. (ongoing)
- To Hold a Potluck at the next H&I meeting in March.
- To direct PR to print 9 CMASC PR flyers to be laminated for each facility we currently serve. (pr will complete this week)
- **There were concerns about the ASC Treasurer not handing over our monthly cheque. We had not received the cheque and had to ask a member to place the order for us. This will be brought up by the H&I Chair at the next ASC meeting. This will be resolved in the upcoming months.**

Open Positions:

Panel Coordinator: The Haven: Still no word on a Facility Contact, will reach out again this month.

Panel Leaders: Kevin F. (RCA), CJ (Washburn), Alex O. (Vets Inc.)

New Panel Leaders and Members: none

REMINDER TO ALL PANEL LEADERS: PLEASE MAKE SURE TO GO OVER THE DOS AND DONTS WITH PANEL MEMBERS PRIOR TO YOUR COMMITMENT.

Meeting closed with the addict circle, a moment of silence and the 3rd step prayer.

Next meeting is scheduled for March 16th, 6:00pm at 44 Temple Street (Saint Johns Church) in the Rectory, with orientation held at 5:30pm. The meeting will also be available via [Zoom: ID: 98215126502 Passcode: NA1953](#)