

Central Massachusetts Area of Narcotics Anonymous Meeting Minutes

February 3rd, 2025 at 6:30 p.m.

Mailing Address: Central MA Area Service Committee
P.O. Box 60492
Greendale Station
Worcester, MA 01606

Next Meeting: March 3rd at 6:30 p.m.
Hybrid Format
Physical Location: Greendale People's Church
25 Francis Street, Worcester, MA. 01606
Zoom: Meeting ID: 982 1512 6502
Passcode: NA1953

Meeting Opened

The meeting opened at 6:30 p.m. with a moment of silence, followed by the "We" version of the serenity prayer, the 12 Traditions, 12 Concepts, and A Vision for NA Service.

Announcements to Groups

GSRs are asked to please read all announcements at your group business meeting. If your group does not have a GSR, any trusted servant or group member can attend the Area meeting to bring concerns, changes, or announcements from the group and to bring information and Area news back to the group.

- Anyone new to Area or a new Group Service Representative should attend at 6:00PM for orientation
- Events:
 - Valentine's Day Dance February 14th 7pm-10pm @ 44 Temple St. Worcester MA, \$10 suggested contribution but no addict will be turned away!
 - The Journey XXIII Retreat February 21st-23rd @ Clara Barton Camp, 60 Clara Barton Rd. North Oxford MA, \$110 **payments due February 16th**. Contacts Trish F. (508)826-4320 and Jeff M. (508)451-7438
 - NERC Regional Convention March 14th-16th @ Sturbridge Host Hotel, 366 Main St. Sturbridge MA. The link for registration can be found [here](#).
 - "The Truth Is In The Book" group's 22nd anniversary March 22nd 7pm-8:30pm @ 9 Prichard St, Fitchburg MA
 - Spur of the Moment Campout Fundraiser: International Online Speaker Jam April 6th 12pm-5pm
 - Zoom ID: 841 3715 2762
 - Password: Spur2025
- New Meetings:
 - None
- New GSR:

- “Together We Can”- Brent H.
- Announcements:
 - **ELECTIONS** for **CMASC service positions** will be held **NEXT MONTH** (March)
 - The “Bringing the Hope” group will now be meeting on Mondays 6:30pm-7:45pm @ 437 Main St. Fitchburg MA starting Monday, March 3rd
 - The New England Region has created a form for groups/service bodies/members to submit votes on the motions proposed by World Services for the Interim World Service Conference Report. You can find the form [here](#). **The deadline is February 15th**, please see below for more information.
 - NA World Services has a survey available for individual members, groups, and service bodies to gauge opinion on the current step working literature. The goal is to utilize the gathered data to improve the available NAWS-approved resources. You can find the survey in English [here](#). **The deadline for submitting this survey is March 17th.**
 - NA World Services has a **NEW** survey available for individual members, groups, and service bodies to collect input on the creation of a guide for virtual services. The goal is to gather input on the outline they have created on what this piece of literature would include. You can find the survey in English [here](#). **The deadline for submitting this survey is March 1st.**
 - NA World Services has a **NEW** survey available for individual members to collect input regarding this year's World Convention and World Conventions to come. The goal is to gather opinions and experiences and take this data into account when planning future WSCs. You can find the survey in English [here](#). **There is currently no deadline listed for this survey.**
- Meetings in need of addit support:
 - “Bringing the Hope” on Mondays 6:30pm-7:45pm @ 437 Main St. Fitchburg MA
 - “Dose of Hope” on Mondays 7pm-8:30pm @ 14 High St. Gardner MA
 - “1,2,3 Follow Me” on Thursdays 7pm-8:30pm @ 416 Main St. Athol MA
 - “Lost and Found” on Fridays 7pm-8:15pm @ 297 Central St. Gardner MA
 - “Back to Basics” on Fridays 7pm-8pm @ 695 Southbridge St. Worcester MA
 - “Get it Together” on Sundays 7pm-8:30pm @ 19 Concord St. Framingham MA (*ENTRANCE IN BACK*)
- Motions:
 - None
- Motions that affect policy and will need to be brought back to groups:
 - None

Attendance Report

Attached to these minutes.

Area Trusted Servants and Subcommittee Reports

Chairperson: Dennis M.

The issue with the P.O. Box has since been resolved and there was no mail this month.

Vice Chair: Craig R.

- The next Executive Subcommittee Meeting will be at 6:30 PM on Monday February 24
Zoom Meeting ID: 982 1512 6502
Passcode: NA1953
- The Executive Subcommittee met on January 27th
- The PO Box has been paid until 1/28/26
- Still need online banking set up before we can start a financial review and audit for 2023 and 2024.
- NESSNA is in April 2025. Region is funding 2 reps from each area and we have a set aside for 2 reps. Who will be go needs to be determined. This will be added to the agenda for the next Area Mtg.
- Amendments have been made to the 12 motions in the Interim WSC Report. A notice will be sent out to GSR's.

RCM: Teri T.

Hello Central Mass Area,

On January 12th a report was given from World Service Members on the conference agenda report. Members that were present got to ask questions and express their concerns. A common question was how to get members on a group level interested in participating in the survey and report. RCMs wanted to be able to explain it where it is easier to understand and add the fact that their voice is heard also. Most of all they are welcomed and included. A lot of great ideas developed from NAWS because of information sharing and the collective conscience of the fellowship because new ideas of great ideas are developed.

I got the privilege to go around to different NA groups in CMANA and also attend their business meetings. I asked the groups if they have benefited from the Step Working Guide and the Living Clean Book and also the Guiding Principles and then the SPAD?

Group members suggested holding events with workshops and service slams and also specific events for the CAR. Because of the deadline, I am asking for help in retrieving group responses at our following ASC meeting. Just a suggestion maybe the Outreach Committee when going to different groups could encourage group members to tally up. An updated document to include proposed documents to include the proposed Amendments have been included. Also included parts of the discussions for each intent and motion.

In loving Service,
Teri T

Alternate RCM: *Vacant*

Secretary: Lila H.

Reminder for those who submit reports to please send them to the area email with a summary included, ideally before ASC meetings or directly thereafter.

Asst. Secretary: *Vacant*

Campout Committee: Kyle C.

No report

Hospitals & Institutions: John D.

We have received our literature order. Meeting directories and IP's are available, please see Ashley A. if you require some. We have open positions such as assistant literature and panel leader and we can always use speakers. Applications for MCI Framingham are available for members. We are in 9 facilities of which 7 are active. We are working with activities to present at the service slam we meet again this week on zoom. The adhoc meets Wednesday at 6:00 Jessica G is our liaison. Writing Steps for Recovery has been meeting and our Vice H&I Chair Patti M has been attending if anyone has questions or wants to know more and get involved.

ILS,
John D.
H&I Chairman

Links:

Draft of the Panel Member Survey:

<https://docs.google.com/forms/d/e/1FAIpQLScOtjC9w40bkpvakgovRYTYiG8RUt0M2DC2ZwpINnJEggRhQA/viewform?vc=0&c=0&w=1&flr=0>

H&I Orientation video: <https://youtu.be/izqiNI81qeM>

Next Subcommittee Meeting:

Sunday, February 16th, 6:00pm at 44 Temple Street (Saint John's Church) in the Rectory, with orientation held at 5:30pm. The meeting will also be available via Zoom: ID: 98215126502 Passcode: NA1953

Events: Courtney B.

No report

Outreach Committee: Mike A.

Johnny P and I had a good group visit to Tues Leicester Grow with the Flow last month. (8th step in Green and Gold, good stuff)

Great group. Seems pretty well established.
Lot of clean time in the room.

Grabbed a couple members numbers and emails to get them on the area minutes so they can know what's going on at the area level, event flyers, etc.

We also noticed it was a little tough to figure out which building so we had website add the building detail to the meeting listing.

*****OUTREACH SUB COMMITTEE MEETING MONTHLY TIME*****

2nd Friday of Every Month.

6pm

St Mark's on West St Leominster

- This month will be the 14th of Feb 🧡

** Megan M is still working on getting the women's phone list together, and I need to follow up with a men's list.
(And then we'll start visiting outlying groups that we think could benefit from getting those lists first and work our way around.)

ILS - Mike A

Website/Media: Jonathan S.

- A reminder that for any events that groups or subcommittees would like placed on the NERNA calendar, we will do so for you and to let us know as soon as possible (you do not have to wait for the next ASC meeting)
- Please email event information to websitechair@centralmassna.org so it can be uploaded to our area calendar.
- Will continue to ask for contacts for every group that is currently meeting to get email contact information for the BMLT. (this does not have to be a GSR).
- ASC minutes and Attendance were uploaded when they were emailed out by the Vice-Chair.
- Currently have a task team led by bubbles to review other sites for ideas on how we may improve ours, anyone is welcome to participate. Contact websitevicechair@centralmassna.org for more information.
- Updates made to the Join Campout Meeting Page and their biweekly meeting was added to the calendar.
- The zoom team is still looking for members to train in using the equipment, discussion about using a TV or Monitor at the ASC was discussed.
- Full analytics in Addendum A of full report Total **Views:** 2,323 **Total Visitors:** 1,216
- We continue to offer walk-thrus for any interested member, please contact websitechair@centralmassna.org to schedule.
- Next Meeting will be held on February 17th at 7:00pm on the ASC Zoom:
 - Zoom ID: 98215126502
 - Passcode: NA1953

ILS,
Website subcommittee

***The website subcommittee would also like to create designated pages for each subcommittee, and to protect any member contact information would like to have these pages password protected. There was discussion regarding what the password could be to be secure yet still accessible, ultimately this decision was delegated to the executive subcommittee.

Policy: *Vacant*

Public Relations: Riss R.

Public Relations had a quite successful event on 1/25/25! We had the Public Relations Chair and the Training Chair from Region come down and explain to about 10-12 members what PR does, and how a small subcommittee could start making a larger impact. We also discussed donating a 24 slot rack that we have to a group in need and maintaining the rack that we currently have. Teri T group conscience for Vice Chair welcome back Teri! We are continuing to help more with the Service Slam and coming up with ideas that the Public Relations subcommittee could bring out the talent in newcomers to create attraction. Lastly we discussed remaining online due to funding while adding a video workshop to our monthly agenda to help inform our members more on how PR can help in the community and on a professional basis.

ILS,
Riss

Next Meeting: Wednesday, February 26th at 6:30pm on the ASC Zoom

- Zoom: ID: 98215126502 Passcode: NA1953

Phone Line: Anthony L.

3 calls received this month, one from a regional trusted servant to discuss regional phone line meeting. “Phone Line Basics” service booklet to be reviewed. There was also discussion on the recent discovery that phone lines are actually included in regional service and not at the area level. Anyone can volunteer for the regional phone line as long as they meet the requirements; at this time CMA is choosing to keep the phone line position and the will be in touch further with NERSC regarding this topic.

Treasurer: Annastasia D.

Prior Bal: -\$138.39

Contributions: (15) \$907.40

Payed Out: (*Rent, H&I, H&I Lit.*)- \$257.00

Campout: \$775.00

Prudent: \$1900

Events:\$0

NESSNA Set Aside: \$500

GROSS: \$3,687.01

AVAILABLE: \$512.01

Asst. Treasurer: *Vacant*

Inventory/Scan Ad Hoc: Jonathan S.

Last month it was decided that the May ASC meeting would be the best time to hold a strategic planning session now that the data from the inventory scan has been presented. This would make May 5th the tentative date for this body to plan how to best utilize the data collected to improve area service.

IDT Ad Hoc: Jonathan S.

Data from the survey for IDT workshop preferences was presented. Data showed that the groups of the area would prefer a hybrid workshop scheduled for a date and time separate from the ASC meeting. The most prioritized topic was disruptive and predatory behavior; followed by revitalizing NA service, and DRT/MAT. The least prioritized topic was gender-neutral and inclusive language. More discussion on scheduling to come.

Service Slam Ad Hoc: Riss R.

Service Slam Ad-Hoc met on 1/21 @ 6pm on a virtual platform. Some questions were brought up of exactly what a service slam is, and how we can provide the best service to the area with this event. We discussed fun ways to incorporate service with fun, with skits, workshops, and a main event. We also talked about location and about how we should bring the fun of service further north and are looking at locations in Fitchburg and will have a further update on this after February 4th. Budget was also brought up and the Events Vice Chair said this would be further discussed after the Valentine's Day Dance on 2/14/25.

Next meeting is 2/4/25 @ 6pm located on centralmassna.org under the events tab on the CMANA Calendar.

ILS,
Riss

Old Business

- It was communicated to the body that, during the executive subcommittee meeting, it was discovered that there are obstacles in the way of the area treasury creating an online banking profile. Due to the past treasurer having a personal account with Santander and that the area bank account is in their name, Santander automatically added the treasury account to their personal banking profile. Currently, viewing the area bank account online without viewing the past treasurer's finances is unavailable. Since this is not a simple fix, options for how to correct this are being explored through ongoing communication with Santander.
- Discussion surrounding current policy specific to financial procedures reiterated that, pending completion of policy review, subcommittees are still required to communicate all financial matters and submit financial reports. General consensus expressed a desire for policy review to continue regardless of the vacancy for the policy chair position. It was suggested that it would be beneficial to hold a policy subcommittee meeting with all subcommittee chairs in attendance to discuss this ongoing issue.

Group Concerns

- The "Get It Together" group from Framingham is requesting addict support; their GSR communicated that the group has decided to keep the meeting open for the month of February but that if attendance does not improve they will unfortunately close the meeting.
- It was communicated on behalf of the two meetings in Gardner, "Dose of Hope" and "Lost and Found", that they are requesting addict support and would much appreciate assistance from CMA Outreach.
- Several other groups are requesting addict support:
 - "Bringing the Hope" in Fitchburg
 - "Back to Basics" in Worcester

- “1, 2, 3 Follow Me” in Athol

Open Forum opened @ 7:55pm

- Discussion surrounding which members will be sent to NESSNA (2 sponsored by region, 2 sponsored by CMA) took place with an emphasis on some form of decision being reached since the regional meeting is fast approaching. The Northeastern States Service Symposium (NESSNA) is organized to have 4 “tracks” where the corresponding workshops pertain to the topic of that track. This year, the 4 tracks are Global Service, Local Service, IT, and misc/zonal. A list of the potential workshops will be included in the minutes attachments. During brainstorming for which members are the best candidates and are able to attend, it was decided that Jonathan S. and Teri T.’s names will be passed on to region as the two regionally-sponsored members from CMA. Patti M. was also selected to attend, and there is still one area-sponsored spot remaining. It was discussed that the remaining candidate would ideally be newer to service, and someone who shows interest and willingness to learn more about NA service work. **If you or someone you know are interested in being sponsored by the area to attend, please attend the next ASC meeting to discuss this further. There will be an orientation held on the first day of NESSNA for those attending for the first time to learn more about the event as well as how best to take notes and get the most out of the experience. A flyer for NESSNA will be attached to the minutes.**

New Business

Nominations:

- **Chair-** *Craig R.*
- **Vice Chair-**
- **RCM-** *Noel D.*
- **Alternate RCM-**
- **Secretary-** *Lila H.*
- **Assistant Secretary-**
- **Treasurer-** *Annastasia D.*
- **Assistant Treasurer-** *Josh M.*

- **H&I Chair-** *Patti M.*
- **Outreach Chair-**
- **PR Chair-** *Riss R.*
- **Events Chair-**
- **Website Chair-** *Jonathan S.*
- **Campout Chair-** *Kyle C.*
- **Policy Chair-**
- **Phoneline-** *Anthony L.*

Motions:

None

Next subcommittee meetings:

Executive: Monday, February 24th @ 6:30pm

- Zoom ID: 982 1512 6502
- Passcode: NA1953

Campout: Sunday, February 16th @ 7pm

- Meeting ID: 863 7003 1211
- Passcode: Spur2025

H&I: Sunday, February 16th @ 7pm

- Zoom ID: 982 1512 6502
- Passcode: NA1953

Events: Wednesday, February 26th @ 6:30pm

- Zoom ID: 982 1512 6502
- Passcode: NA1953

Outreach: Friday, February 14th @ 6pm

- St. Mark's Episcopal Church, 60 West St., Leominster MA

Website: Monday, February 17th @ 7pm

- Zoom ID: 982 1512 6502
- Passcode: NA1953

PR: Wednesday, February 26th @ 6:30pm

- Zoom ID: 982 1512 6502
- Passcode: NA1953

ILS,
Lila H.