

Central Mass Area Hospitals and Institutions Subcommittee Meeting

December 15th, 2024 6:00pm

44 Temple Street Worcester Rectory

[Zoom: ID: 98215126502 Passcode: NA1953](#)

Orientation for new members using the orientation packet and NA virtual outreach video: <https://youtu.be/izqiNI81qeM> a half hour before the regularly held meeting (5:30pm).

Meeting opened with a moment of silence, the unity version of the serenity prayer, and collective reading of; the [12 Traditions of NA](#), the [12 Concepts for NA service](#) and, [A Vision for NA Service](#).

8 (eight) addicts were in attendance. 3 in person and 5 online

[Click here for Commitment Calendar](#)

[Minutes for November](#) were accepted.

Executive Reports

Chairperson (John D. 6/2023): We are in 9 facilities with open positions like panel leader for example. Applications for MCI Framingham are available for members. I filled out the Area Inventory survey for H&I. A financial breakdown of our Learning Day has been compiled. We are in 7 active facilities and have many open positions. We want to change Learning Day to August 2nd and work with Events to organize the event.

ILS, John D. (H&I Chair)

Vice-Chairperson (Patti M. 07/2024): Still learning.

Secretary (Jonathan S., (thevirtualjonathan@gmail.com):

- Minutes and relevant attachments for H&I service were sent out, including the [Videotools workgroup's H&I orientation video](#).
- Previous month's minutes were moved to the [Archive drive folder](#).
- Updates will be made to the [Open Commitment Calendar](#) as needed.

ILS,

Jonathan S.

Assistant Secretary (Jessica G.): absent. No report.

Literature Coordinator (Ashely S.): Literature has been ordered and available upon request.

Assistant Literature Coordinator (Open):

IF YOU ARE A PANEL COORDINATOR, PLEASE CHECK THE CALENDAR TO MAKE SURE THAT IT REFLECTS THE CORRECT DAYS AND TIMES FOR COMMITMENTS.

Panel Coordinator Reports:

AdCare (Patti M.): 9 commitments, all are filled. Adcare would like additional commitments if anyone is interested. There was an issue with the Facility Contact bad mouthing Narcotics Anonymous as there were a few no shows in the past few months. The panel leaders were contacted by our Panel Coordinator. Open: All Mondays, Fridays, Saturdays all commitments are held 7p-8p. **Outside food and drink are prohibited.**

CHL Detox(Vacant): Will reach out this month to a contact made.

CHL MYR (Vacant): no report.

CHL TSS (Vacant): no report.

The Haven New England (OPEN): Will reach out to the facility again.

Naukeag (Marissa R.): 2 (two) commitments, both filled. Panel Coordinator will be in contact with the facility to see if they want more commitments this month.

RCA (Marci H.): 12 (twelve) commitments, all but the 1st Tuesday are filled. Looking for permanents on the open day, so far panel members have been going per diem for the unfilled 1st Tuesday.

Spectrum Detox (Penny D.): 1 (one) commitment filled. Requesting more commitments if possible.

Spectrum Faris (Penny D.): 2 (two) commitments, both filled. Requesting more commitments if possible.

Spectrum NERC (Penny D.): 4 (four) commitments, all are filled. Requesting more commitments if possible.

Sunrise Detox (Frank D.): 5 (five) commitments with the 1st Sunday, 2nd Thursday filled, the other Sundays open. There have been per diem commitments going in when the facility has asked and we have had the panels to fulfill the request. The facility is requesting more commitments specifically tuesdays and thursdays.

Veterans Inc. (Jenna J.): 10 (ten) commitments 8 are filled. Requesting more commitments if possible. In need of Panel Leaders for 2nd Monday, and 2nd Wednesday.

Washburn (Ashley P.): There was an internal facility issue for a few months but they have reopened commitments. Every Wednesday CCS is filled, Open All Sundays, 3rd Monday , 2nd and 3rd Tuesday, 2,3,4 Friday All 7pm-8pm. [Commitment contact form](#)

Worcester County House of Corrections (Open): Closed until further notice. Planning to appoint a new Panel Coordinator as soon as possible.

Ongoing Discussions/Projects:

- Reach out to all H&I trusted servants to attend and introduce themselves at regularly scheduled H&I subcommittee meetings. (ongoing)
- Panel Coordinators will ask their respective facilities if they'd be open to holding virtual commitments. And make them aware of virtual commitments. (ongoing)
- Concepts Ad-Hoc (Jessica G.): Jessica G. was appointed new chair. [Concepts Ad-Hoc](#): no update
- Service Slam Liaison (Jessica G.): Will remind the Events chair as well as attend the Events Subcommittee meeting. (no update)
- Meeting Directory printing cost. Ask the ASC for reimbursement for the VC who is printing them currently. But come up with a better way or ensuring printed meeting directories are available for panels. PR is offering to print flyers for the facilities we currently serve.
- FNSOG Retreat H&I presentation (Patti M.): no update.

- Applications for MCI Framingham will be made available for members upon request from the Chair.
- Is anyone doing commitments at Harrington Detox in Webster? Not at this point in time. But if anyone is willing to contact them we would be willing. (incomplete)
- Learning Day on August 2nd: work with Events to organize an H&I Learning Day with Events. Members will work closely with whomever is appointed as Chair following the Narcathons.

Open Forum: (15 minutes):

- How are we providing the tools and encouragement to those serving H&I so that they may be successful? Do we mentor? We have success in this area and will be able to offer this experience with the rest of the ASC which has difficulty in this respect.
- Have Panel Coordinators offer orientation to Panel Leaders off-cycle if they cannot attend the one held by the subcommittee monthly. And include this practice at our next H&I workshop.

New Business: (including nominations and panel leaders):

- To reimburse the Vice-Chair for 3 ink cartridges to print meeting directories for the next half a year. (\$81). Passes unanimously. This needs to be made as a motion at the next ASC meeting.
- Chair will reach out to CHL.
- The PR Presentation Training will be taking place on 1.25.25 after Rise and Shine. More details to come when Marissa R. meets with the subcommittee this week and we can plan more accordingly. George S. will be one of the Co-facs with the other hopefully being Lauren R.

- Spectrum will have a new facility opening and will likely request more commitments. Penny will be taking the lead on that and contacting our Spectrum facility contact.
- To direct PR to print 9 flyers to be laminated for each facility we currently serve.
- To have the Chair support a strategic planning session or make a motion to hold one at the next ASC meeting.
- Narcathon slots will be taken up by Nick A. and will be in touch with Events.

Open Positions:

Assistant Literature Coordinator: Mike

Panel Coordinator: The Haven: Still no word on a Facility Contact, will reach out again this month.

Epiphany Wellness: Outpatient, and thus does not fall under H&I as a priority.

Panel Leaders:

New Panel Leaders and Members: **REMINDER TO ALL PANEL LEADERS: PLEASE MAKE SURE TO GO OVER THE DOS AND DONTS WITH PANEL MEMBERS PRIOR TO YOUR COMMITMENT.**

Meeting closed with the addict circle, a moment of silence and the 3rd step prayer.

Next meeting is scheduled for January 19th, 6:00pm at 44 Temple Street (Saint John's Church) in the Rectory, with orientation held at 5:30pm. The meeting will also be available via [Zoom: ID: 98215126502 Passcode: NA1953](https://zoom.us/j/98215126502?pwd=NA1953)