

# Central Massachusetts Area of Narcotics Anonymous Meeting Minutes

December 3rd 2024 at 6:30 p.m.

Mailing Address: Central MA Area Service Committee  
P.O. Box 60492  
Greendale Station  
Worcester, MA 01606

Next Meeting: January 6th 2025 at 6:30 p.m.  
Hybrid Format  
Physical Location: Greendale People's Church  
25 Francis Street, Worcester, MA. 01606  
Zoom: Meeting ID: 982 1512 6502  
Passcode: NA1953

## Meeting Opened

The meeting opened at 6:30 p.m. with a moment of silence, followed by the "We" version of the serenity prayer, the 12 Traditions, 12 Concepts, and A Vision for NA Service.

## Announcements to Groups

GSRs are asked to please read all announcements at your group business meeting. If your group does not have a GSR, any trusted servant or group member can attend the Area meeting to bring concerns, changes, or announcements from the group and to bring information and Area news back to the group.

- Anyone new to Area should attend at 6:00PM for orientation
- Events:
  - NERC XX Sundaes Around the World Speaker Jam @ 415 Stafford Rd. Fall River MA, Sunday December 8th 12:30pm-6pm. Suggested contribution of \$5 but no addict will be turned away
  - Christmas Eve and Christmas Narcathon @ 44 Temple St. Worcester MA, both Christmas Eve and Christmas Day 10am-10pm
  - New Year's Eve and New Years Narcathon @ 44 Temple St. Worcester MA, New Year's Eve 10am-10pm and New Year's Day 10am-8pm
  - NERC Regional Convention March 14th-16th @ Sturbridge Host Hotel, 366 Main St. Sturbridge MA. Link for registration can be found [here](#).
- New Meetings:
  - "Steps to Recovery" on Wednesday 7:15pm-9:15pm @ 19 Concord St. Framingham MA  
(ENTRANCE IN BACK)
- New GSR:
  - None
- Announcements:
  - CMA has recently created a CashApp account for groups to have a means to contribute digitally. To contribute, find us under the **CashTag \$CMANA1953**
  - "Mixed Bag" Framingham group now meeting @ 214 Concord St. Framingham MA on Monday nights 7pm-8:30pm

- There is a survey available to gather data on what option groups and members would prefer for how CMA would host IDT workshops. More information on this is covered in the reports below; you can find the survey [here](#). **The deadline for submitting this survey is December 31st.**
- NA World Services has a survey available for individual members in an effort to anonymously gather demographic and related data. You can find the survey in English [here](#). **The deadline for submitting this survey is January 31st. PLEASE ONLY SUBMIT ONCE.**
- NA World Services has a survey available for individual members, groups, and service bodies in an effort to gauge opinion on the current step working literature. The goal is to utilize the gathered data to improve the available NAWS approved resources. You can find the survey in English [here](#). **The deadline for submitting this survey is March 17th.**
- NA World Services has a **NEW** survey available for individual members, groups, and service bodies in an effort to collect input on the creation of a guide for virtual services. The goal is to gather input on the outline they have created on what this piece of literature would include. You can find the survey in English [here](#). **The deadline for submitting this survey is March 1st.**
- NA World Services has a **NEW** survey available for individual members to collect input regarding this years World Convention and World Conventions to come. The goal is to gather opinions and experiences and take this data into account when planning future WSCs. You can find the survey in English [here](#). **There is currently no deadline listed for this survey.**
- Meetings in need of addit support:
  - “Never Too Early” on Sunday 12pm-1pm @ 25 Francis St. Worcester MA
  - “Get it Together” on Sunday 7pm-8:30pm @ 19 Concord St. Framingham MA (*ENTRANCE IN BACK*)
  - “Message is Hope” on Tuesday 7:30pm-8:30pm @ 33 Main St. Marlborough MA
- Motions:
  - None
- Motions that affect policy and will need to be brought back to groups:
  - None

#### Attendance Report

Attached to these minutes.

#### Area Trusted Servants and Subcommittee Reports

*Please note there were no presented reports this month as we used the time to review the results of the Area Inventory Scan. The reports below were submitted ahead of time.*

**Chairperson:** Dennis M.

None

**Vice Chair:** Craig R.

- The next Executive Subcommittee Meeting will be at 6:30 PM on Monday December 30  
Zoom Meeting ID: 982 1512 6502

Passcode: NA1953

- The Executive Subcommittee met on November 25th
- Still need online banking set up before we can start a financial review and audit for 2023 and 2024.

The subcommittee discussed requesting all subcommittees submit annual financial reports and budget estimates for next yr.

The Policy document has been posted on google docs and two sections have been assigned for review.

- We will have a presentation on the results of the Area Inventory at the Area Mtg on Monday, Dec 2. To save time no reports from Trusted Servants or Subcommittees will be read unless feedback is required from GSR's.

**RCM:** Teri T.

No report this month as Region did not meet this past month.

In Loving service,

Teri T

**Alternate RCM:** *Vacant*

**Secretary:** Lila H.

None

**Asst. Secretary:** *Vacant*

**Campout Committee:** Evelyn F.

Evelyn F. has vacated the position of Campout Chair and in her place Kyle C. was elected. It was discussed that it may be best to replenish the seed money that Campout uses while this body has the funds in an effort to reorganize and effectively plan the spending this subcommittee does to put on the campout each year. This discussion ultimately ended in a consensus to replenish the seed money early.

**Hospitals & Institutions:** John D.

We are in 9 facilities with open positions like panel leader for example. Applications for MCI Framingham are available for members. I filled out the Area Inventory survey for H&I.. A financial breakdown of our Learning Day has been compiled. The Vice Chair position at region has been vacated if anyone is interested. We are in 7 active facilities and have many open positions. We want to change Learning Day to August 2nd and work with Events to organize the event. We would like to reimburse the Vice-Chair for 3 ink cartridges to print meeting directories for the next half a year. We may have a spot at NERC taking place in Sturbridge.

ILS,

John D.  
H&I Chairman

Links:

Draft of the Panel Member Survey:

<https://docs.google.com/forms/d/e/1FAIpQLScOtjC9w40bkpvakgovRYTyiG8RUt0M2DC2ZwpINnJEggRhQA/viewform?vc=0&c=0&w=1&flr=0>

H&I Orientation video: <https://youtu.be/izgiNI81qeM>

Next Subcommittee Meeting:

December 15th, 6:00pm at 44 Temple Street (Saint John's Church) in the Rectory, with orientation held at 5:30pm. The meeting will also be available via Zoom: ID: 98215126502 Passcode: NA1953

**Events:** Courtney B.

The Events subcommittee is asking for support with the upcoming Narcathons on Christmas Eve, Christmas Day, New Year's Eve, and New Year's Day. While most time slots for groups and hosts have been filled, there is a need for drinks, desserts, and side dishes. If you are interested please reachout to [eventschair@centralmassna.org](mailto:eventschair@centralmassna.org).

**Outreach Committee:** Mike A.

None

**Website/Media:** Jonathan S.

- A reminder that for any events that groups or subcommittees would like placed on the [NERNA calendar](#), we will do so for you and to let us know as soon as possible (you do not have to wait for the next ASC meeting)
- Please email event information to [websitechair@centralmassna.org](mailto:websitechair@centralmassna.org) so it can be uploaded to our [area calendar](#).
- Will continue to ask for contacts for every group that is currently meeting to get email contact information for the BMLT. (this does not have to be a GSR).
- [ASC minutes and Attendance](#) were uploaded when they were emailed out.
- Currently have a task team led by Bubbles to review other sites for ideas on how we may improve ours.
- Daily Meditations were added here: <https://centralmassna.org/daily-meditations/>

- The zoom team is still looking for members to train in using the equipment. And discussion about using a TV or Monitor at the ASC was discussed.
- Full analytics in Addendum A of full report **Total views: 1,968 and total visitors: 824**
- We continue to offer walk-thrus for any interested member, please contact [websitechair@centralmassna.org](mailto:websitechair@centralmassna.org) to schedule.
- [Full report can be found here](#)

Next Meeting will be held on December 16th at 8:00pm on the ASC Zoom:

[Zoom: ID: 98215126502 Passcode: NA1953](#)

ILS,  
Website subcommittee

**Policy:** Michele B.

Hi all! I am stepping back from my Policy chair position effective immediately. The position has become more than I am able to commit to at this time and have a need for my personal recovery to come first at this time. It has been an honor to serve this position.

In loving service,  
Michele B

**Public Relations:** Riss R.

A literature inventory was conducted of our current IP's with another member on November 13th. The inventory was attached with the agenda. I will give further updates about this later. I will be doing a full report on WSLD at Region this month, one solely on PR panels on Saturday December 14 @ 11:30am during the Regional PR Meeting, and on all of the panels with all 4 delegates during the Regional Meeting on Sunday December 15th. Both will be held online. Another member and myself will be filing the Sheriff's Office rack on Friday and I have left a voicemail with a contact at the Drug Court! We're doing it guys! With this in mind of racks being placed and contacts are being informed, our members and myself believe we should make area aware, while we increase our presence and are making an effort to filling these racks more efficiently and in a timely manor, PR may be more apt to be making money motions in the future, due to literature refills. We can also send out monthly literature inventory reports along with financial reports.

ILS,  
Riss

**Inventory/Scan Ad Hoc:** Jonathan S.

*Please see the attached power point for the complete collection of data; this is a brief summary.*

- There were a total of 30 responses to the inventory scan with the majority coming from groups.
- Based on the data, there are several things that members reported feeling CMA is doing well. These things include topics such as transparency and communication, support, accessibility and availability, and the prioritization of spiritual principles. Members reported feeling that CMAs top three services offered are H&I, Events, PR and Website (tied). It is worth noting that **100%** of responses stated that they knew someone they could reach out to with any questions or concerns regarding service.
- On the flip side, there were some recurring themes when it came to identified problem areas. Namely, these topics include trusted servants understanding their role/fulfilling it, transitions between service positions, and member engagement and support. The top two barriers to service that were named were transportation and scheduling conflicts. Several suggestions were mentioned, such as bringing back literature sales, having more events, responding more appropriately when groups raise concerns, and including a contact sheet in the minutes to name a few.

**Phone Line:** Anthony L.

3 phone calls were received this month

**Treasurer:** Annastasia D.

**Prior Bal:** \$631.49

**Contributions:** \$690.00

**Expenses:** \$303.88

**Prudent:** \$1900.00

**Campout Seed Money:** \$750.00

**Regional Contribution:** \$150.00

**NESSNA Set Aside:** \$500.00

**GROSS:** \$3,267.61

**AVAILABLE:** \$117.61

**Asst. Treasurer:** *Vacant*

### Old Business

- Policy review remains underway, however the remaining work has been broken into 4 sections and delegated to try and increase efficiency.
- The current available survey gathering opinions on CMA-hosted IDT workshops is still live, if you have not filled and submitted this form please do so by **December 31st**.

### Group Concerns

- The following groups are requesting addict support
  - “Never Too Early” on Sunday 12pm-1pm @ 25 Francis St. Worcester MA
  - “Get it Together” on Sunday 7pm-8:30pm @ 19 Concord St. Framingham MA (*ENTRANCE IN BACK*)
  - “Message is Hope” on Tuesday 7:30pm-8:30pm @ 33 Main St. Marlborough MA

## Open Forum

- Purchase of the materials necessary to host IDT workshops has been postponed awaiting the results of the related survey.
- Regarding the recurring topic of subcommittee financial reports, it was mentioned that while the relevant policy may change as revisions are underway, it is still currently in policy for subcommittees to submit reports and keep the ASC and treasury fully updated with expenses.
- In addition to the above point, it was suggested that it would be best for this body to receive full financial reports with itemized breakdowns after the Narcathons conclude in an effort to better gauge future event expenses.

## New Business

- **Open positions include: Asst. Secretary, Asst. Treasurer, Policy Chair, Alt. RCM**

## Motions:

- None

ILS,  
Lila H.