

Central Massachusetts Area of Narcotics Anonymous Meeting Minutes

November 4th 2024 at 6:30 p.m.

Mailing Address: Central MA Area Service Committee
P.O. Box 60492
Greendale Station
Worcester, MA 01606

Next Meeting: December 2nd 2024 at 6:30 p.m.
Hybrid Format
Physical Location: Greendale People's Church
25 Francis Street, Worcester, MA. 01606
Zoom: Meeting ID: 982 1512 6502
Passcode: NA1953

Meeting Opened

The meeting opened at 6:30 p.m. with a moment of silence, followed by the "We" version of the serenity prayer, the 12 Traditions, 12 Concepts, and A Vision for NA Service.

Announcements to Groups

GSRs are asked to please read all announcements at your group business meeting. If your group does not have a GSR, any trusted servant or group member can attend the Area meeting to bring concerns, changes, or announcements from the group and to bring information and Area news back to the group.

- Anyone new to Area should attend at 6:00PM for orientation
- Events:
 - Giving Thanks Narcathon @ 44 Temple St. Worcester MA 10am-10pm
 - Christmas Eve and Christmas Narcathon @ 44 Temple St. Worcester MA, both 10am-10pm
 - New Year's Eve and New Years Narcathon @ 44 Temple St. Worcester MA, New Year's Eve 10am-10pm and New Year's Day 10am-8pm
 - NERC Regional Convention March 14th-16th @ Sturbridge Host Hotel, 366 Main St. Sturbridge MA. Link for registration can be found [here](#).
- New Meetings:
 - None
- New GSR:
 - "Never Too Early" Hannah P.
 - "Rise and Shine" Matt C.
- Announcements:
 - CMA has recently created a CashApp account for groups to have a means to contribute digitally. To contribute, find us under the **CashTag \$CMANA1953**
 - "Mixed Bag" Framingham group now meeting @ 214 Concord St. Framingham MA on Monday nights 7pm-8:30pm
 - Congratulations to Patti M. for being nominated and elected as the new Alternate RCM!

- **The new deadline for the inventory scan** to be filled out and submitted by groups, service bodies, and individual members **is November 15th**. You can find the link to the survey [here](#).
- There is a survey available to gather data on what option groups and members would prefer for how CMA would host IDT workshops. More information on this is covered in the reports below; you can find the survey [here](#). **The deadline for submitting this survey is December 31st.**
- NA World Services has a survey available for individual members in an effort to anonymously gather demographic and related data. You can find the survey in English [here](#). **The deadline for submitting this survey is January 31st. PLEASE ONLY SUBMIT ONCE.**
- NA World Services has a survey available for individual members, groups, and service bodies in an effort to gauge opinion on the current step working literature. The goal is to utilize the gathered data to improve the available NAWs approved resources. You can find the survey in English [here](#). **The deadline for submitting this survey is March 17th.**
- Meetings in need of addict support:
 - “Never Too Early” group located @ 25 Francis St. Worcester MA on Sundays 12pm-1pm
 - “Get it Together” on Sunday nights 7pm-8:30pm at 19 Concord St. Framingham MA (*ENTRANCE IN BACK*)
 - “Message is Hope” on Tuesday nights 7:30pm-8:30pm at 33 Main St. Marlborough MA
- Motions:
 - None
- Motions that affect policy and will need to be brought back to groups:
 - None

Attendance Report

Attached to these minutes.

Area Trusted Servants and Subcommittee Reports

Chairperson: Dennis M.

I will be unable to attend in December due to a work conflict. I will pass all needed information and keys to Craig tonight and attend the executive subcommittee meeting on the 25th to assist with creating December's agenda. Also, it would be greatly appreciated if subcommittee chairs could read their abbreviated reports at the ASC meeting in the interest of time, as well as sending the full report out to everyone in advance so that if there are questions they can be addressed sooner.

Vice Chair: Craig R.

- The next Executive Subcommittee Meeting will be at 6:30 PM on Monday November 25
 - Zoom Meeting ID: 982 1512 6502
 - Passcode: NA1953
- The Executive Subcommittee met on October 28th
- The subcommittee discussed doing a financial review and audit for 2023 and 2024. We will need a full set of treasurer reports and either bank statements or online access to the checking account. The goal is to do the audit in January 2025 so the information can be used for budgeting purposes.

- Anastasia will work with Sean G and Dennis M to set up a mtg at the bank and be added to the account and set up online banking.
- The subcommittee discussed expanding the duties and role of the executive subcommittee. Currently the primary duties are those of a finance subcommittee along with reviewing monthly area minutes before distribution and reviewing Policy Subcommittee updates before publication.
- Ideas included creating a Finance Subcommittee and adding the flexibility to address issues that are not being addressed by other subcommittees.

RCM: Teri T.

See full report in attachments

Alternate RCM: *Vacant*

Secretary: Lila H.

No report

Asst. Secretary: *Vacant*

Campout Committee: Evelyn F.

This year's campout was successful, however lower attendance was noted. \$325 remains after expenses and a full expenditure sheet is to come soon. At the last subcommittee meeting, discussion around whether or not to continue the campout going forward occurred. No decision has been made at this time.

Hospitals & Institutions: John D.

We had a subcommittee on October 20th with 9 (nine) addicts in attendance. 7 in person and 2 online. We have literature for panel leaders. We are in 9 facilities with open positions like panel leader for example. Applications for MCI Framingham are available for members. I filled out the Area Inventory survey for H&I. We have a facility in Southborough looking for Saturday commitments. A financial breakdown of our Learning Day has been compiled but not yet reviewed by the H&I Subcommittee. The Vice Chair position at region has been vacated if anyone is interested.

Links:

Draft of the Panel Member Survey:

<https://docs.google.com/forms/d/e/1FAIpQLScOtjC9w40bkpvakgovRYTyiG8RUt0M2DC2ZwpINnJEggRhQA/viewform?vc=0&c=0&w=1&flr=0>

H&I Orientation video: <https://youtu.be/izgiNI81qeM>

Next Subcommittee Meeting:

November 17th, 6:00pm at 44 Temple Street (Saint John's Church) in the Rectory, with orientation held at 5:30pm. The meeting will also be available via Zoom: ID: 98215126502 Passcode: NA1953

Events: Courtney B.

The events subcommittee hosted a successful Halloween dance with good attendance. There is \$300 remaining after expenses. Please reach out to Courtney B. to inquire about open slots for the upcoming Narcathons, she can be reached at events@centralmassna.org. Also, events is currently meeting irregularly due to lack of member support. Any support is greatly appreciated and updates to come soon.

Outreach Committee: Mike A.

No report

Website/Media: Jonathan S.

A reminder that for any events that groups or subcommittees would like placed on the NERNA calendar, we will do so for you and to let us know as soon as possible (you do not have to wait for the next ASC meeting)

- Please email event information to websitechair@centralmassna.org so it can be uploaded to our area calendar.
- Will continue to ask for contacts for every group that is currently meeting to get email contact information for the BML T. (this does not have to be a GSR).
- ASC minutes and Attendance were uploaded when they were emailed out.
- Discussion around how the public may perceive the website as well as its navigation. This led to the changing of the menu text color to contrast the background better. More will be done in the future.
- Currently have a task team led by Bubbles to review other sites for ideas on how we may improve ours.
- Daily Meditations were added here: <https://centralmassna.org/daily-meditations/>
- The zoom team is still looking for members to train in using the equipment. And discussion about using a TV or Monitor at the ASC was discussed.
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- Full analytics in Addendum A of full report **Total views: 1,584 and total visitors: 673**
- We continue to offer walk-thrus for any interested member, please contact websitechair@centralmassna.org to schedule.
- Full report can be found attached to the minutes

ILS,
Website subcommittee

Next Subcommittee Meeting: November 10th at 6:00pm on the ASC Zoom:
Zoom: ID: 98215126502 Passcode: NA1953

Policy: Michele B.

Myself and a few other members are combing through the policy and I will have a better idea when there will be another subcommittee meeting after this weekend. Other than that, nothing else to report at this time.

Thanks for allowing me to serve,
Michele B

Policy chair

Public Relations: Riss R.

We did not meet this month. I attended NERNA this month, MetroWest seems to be focusing on PSA's and handing out PR cards to local police to hand out when they think it is appropriate. They also had a Flier Hanging day on 10/26. Western MA had multiple events, filled literature racks, purchased 2 table cloths and pens, and SEMA was able to fill their literature racks. A table cloth was donated from Western MA to CMA and MetroWest. Metro West, CMA, and 2 individuals from Fellowship development were able to attend WSLD in Tucson, AZ this past month. There were panels on H&I Resources and Collaboration, Misconceptions of PR, PR and Professionals, Traditions and Concepts, Virtual ASC, Virtual H&I/PR Collaboration, Strategic Planning Collaboration and Communication between subcommittees, H&I Panels and Speakers and Literature Studies, DRT/MAT as it relates to NA, E-Services (Sponsorship behind the walls & Getting literature to incarcerated members, and the NAWS Update. We will be doing a presentation at NERNA in December. We are asking area for help in reaching out to the newcomer looking to become active in service if they would like to help get involved with PR in the Flier Hanging Group Organization that will be taking place over the next few months.

ILS,
Riss

Next Subcommittee Meeting: November 27th at 6:30pm on the ASC Zoom:
Zoom: ID: 98215126502 Passcode: NA1953

Inventory/Scan Ad Hoc: Jonathan S.

The subcommittee did not formally meet this past month but updates were made between members.

Time for responses has now closed. Total responses:

The committee will be putting together a presentation for December.

PLEASE REMEMBER THAT THERE WILL BE A PRIZE DRAWN FROM THE GROUPS THAT SUBMIT RESPONSES!

Next meeting TBD, check the calendar on the website for updates.

Zoom: ID: 98215126502 Passcode: NA1953

● Anyone interested may contact adhocchair@centralmassna.org and/or CoraleeDNA@gmail.com

ILS,
CMANA Inventory Ad-Hoc

Phone Line: Anthony L.

2 phone calls received this month

Treasurer: Annastasia D.

Prior Bal: \$148.94

Contributions: \$542.55

Payed Out: (Rent, H&I)- \$60.00

Prudent: \$1900

Events:\$0

NESSNA Set Aside: \$500

GROSS: \$3031.49

AVAILABLE: \$631.49

Asst. Treasurer: *Vacant*

Old Business

- Area policy is still undergoing review, more updates to come.
- Coordination of the Service Slam has been delegated to the Events subcommittee and organization is a continued effort.

Group Concerns

- The “Never Too Early” group @ 25 Francis St. Worcester, MA on Sundays 12pm-1pm is in need of addict support.

Open Forum opened @ 7:38pm

- It was mentioned how there has been an item on the ASC meeting agenda for some time on the topic of CBDM vs. Robert’s Rules as forms of decision making. Discussion on what these terms mean and if this body had any interest in further exploration of what form of decision making was preferable ensued. It was concluded that this conversation will be tabled until the results of the inventory scan have been presented to best gauge the thoughts and opinions of the area. For more information on what CBDM and Robert’s Rules are, please see attached documents.
- Information was gathered on what it would cost the area to host an IDT workshop, this cost would be approximately \$200 for the necessary materials.
- PR chair informed this body that in regards to the specialty tablecloth that was to be ordered there had been issues regarding payment and communication. Specifically, the vendor never received the payment but had stopped responding to inquiries about the purchase status. It was determined that the amount the tablecloth had cost had been reflected in the treasury report but that funds were still in the bank account, however whether or not a check had been cut for the tablecloth price is unclear at this time. More updates to come.

New Business

- There have been several responses to the survey created to collect preferences the area has on how to host an IDT workshop. In order to collect more data to get a clearer picture of what the general consensus is, the deadline for responses to the survey has been pushed to December 31st.
- It was discussed how subcommittee meetings have not been entirely consistent and how it is more difficult for members to serve if there is a lack of available information, such as meeting dates, times, locations, etc.. Interest in increased communication and organization was expressed.
- Patti M. was nominated and elected for the position of Alternate RCM.
- **Open positions now include: Asst. Secretary, Asst. Treasurer**

Motions:

- None

ILS,
Lila H.