Central Mass Area Hospitals and Institutions Subcommittee Meeting

November 17th, 2024 6:00pm

44 Temple Street Worcester Rectory

Zoom: ID: 98215126502 Passcode: NA1953

Orientation for new members using the orientation packet and NA virtual outreach video: https://youtu.be/izgiNl81qeM a half hour before the regularly held meeting (5:30pm).

Meeting opened with a moment of silence, the unity version of the serenity prayer, and collective reading of; the <u>12 Traditions of NA, the 12 Concepts for NA service</u> and, <u>A Vision for NA Service</u>.

7 (seven) addicts were in attendance. 6 in person and 1 online

Click here for Commitment Calendar

Minutes for October were accepted.

Executive Reports

Chairperson (John D. 6/2023): We are in 9 facilities with open positions like panel leader for example. Applications for MCI Framingham are available for members. I filled out the Area Inventory survey for H&I.. A financial breakdown of our Learning Day has been compiled. The Vice Chair position at region has been vacated if anyone is interested. The Haven will be contacted by Sean W.

ILS,

John D. H&I Chairman

Vice-Chairperson (Patti M. 07/2024): Attended ASC with Chair. Continuing mentoring process with Chair. Stamped all current IPs with two members. Sorted Literature and working on inventory of our supplies. Prepared PL packets. Finalized LD report.

ILS Patti M.

Secretary (Jonathan S., (thevirtualjonathan@gmail.com):

- Minutes and relevant attachments for H&I service were sent out, including the <u>Videotools workgroup's H&I orientation video</u>.
- Previous month's minutes were moved to the Archive drive folder.
- Updates will be made to the <u>Open Commitment Calendar</u> as needed.

ILS,

Jonathan S.

Assistant Secretary (Jessica G.): Continuing to learn and hope to be able to attend in person next month.

Literature Coordinator (Open):

Assistant Literature Coordinator (Vacant):

IF YOU ARE A PANEL COORDINATOR, PLEASE CHECK THE CALENDAR TO MAKE SURE THAT IT REFLECTS THE CORRECT DAYS AND TIMES FOR COMMITMENTS.

Panel Coordinator Reports:

AdCare (Patti M.): 9 commitments, all are filled. Adcare would like additional commitments if anyone is interested. There was an issue with the Facility Contact bad

mouthing Narcotics Anonymous as there were a few no shows in the past few months. The panel leaders were contacted by our Panel Coordinator. Open: All Mondays, Fridays, Saturdays all commitments are held 7p-8p. **Outside food and drink are prohibited.**

CHL Detox(Vacant): Will reach out this month to a contact made.

CHL MYR (Vacant): no report

CHL TSS (Vacant): no report

The Haven New England (OPEN): Will reach out to the facility again.

Naukeag (Marissa R.): 2 (two) commitments, both filled. Not currently looking for any more commitments.

RCA (Marci H.): 12 (twelve) commitments, all but the 1st Tuesday are filled. Looking for permanents on the open day, so far panel members have been going per diem for the unfilled 1st Tuesday.

Spectrum Detox (Penny D.): 1 (one) commitment filled. Requesting more commitments if possible.

Spectrum Faris (Penny D.): 2 (two) commitments, both filled. Requesting more commitments if possible.

Spectrum NERC (Penny D.): 4 (four) commitments, all are filled. Requesting more commitments if possible.

Sunrise Detox (Frank D.): 5 (five) commitments with the 1st Sunday, 2nd Thursday filled, the other Sundays open. There have been per diem commitments going in when the facility has asked and we have had the panels to fulfill the request. Panel Coordinator will be gone the month of November and is requesting coverage now.

Veterans Inc. (Jenna J.): 10 (ten) commitments are all filled. Requesting more commitments if possible. In need of Panel Leader for 2nd Wednesday.

Washburn (Ashley P.): There was an internal facility issue for a few months but they have reopened commitments. Every Wednesday CCS is filled, Open All Sundays, 3rd Monday, 2nd and 3rd Tuesday, 2,3,4 Friday All 7pm-8pm. Commitment contract form

Worcester County House of Corrections (Open): Closed until further notice. Planning to appoint a new Panel Coordinator as soon as possible.

Ongoing Discussions/Projects:

- Reach out to all H&I trusted servants to attend and introduce themselves at regularly scheduled H&I subcommittee meetings. (ongoing)
- Panel Coordinators will ask their respective facilities if they'd be open to holding virtual commitments. And make them aware of virtual commitments. (ongoing)
- Concepts Ad-Hoc (Jessica G.): Jessica G. was appointed new chair. <u>Concepts Ad-Hoc</u>

Learning Day Ad-Hoc (Patti M): see addendum.

- Service Slam Liaison (Jessica G.): Will remind the Events chair as well as attend the Events Subcommittee meeting.
- Chair will fill out the ASC Inventory/Scan on behalf of the subcommittee. (Completed)

Open Forum: (15 minutes):

- Public Relations has been creating Task Teams and one has been a Flyer Hanging task team. As a flyer has already been created they are reaching out to see if H&I Panel Coordinators and Panel Leaders would be interested in being involved in this task group. The concept of the task team is to determine an event for a flyer hanging day. PR is in need of member support for this to be as successful as they would like. Please contact the PR chair prchair@centralmassna.org for more information.
- How are we providing the tools and encouragement to those serving H&I so that they may be successful? Do we mentor? This will be addressed between the Area Inventory and the Concepts Ad-Hoc.
- Is anyone doing commitments at Harrington Detox in Webster? Not at this point in time. But if anyone is willing to contact them we would be willing. (incomplete)
- Low attendance at the H&I subcommittee meeting over the past few months. How
 do we attract new members, and are we interested in having the NERSC PR trainer
 come to conduct a training either at our ASC or at H&I.
- Question about Literature and Information Pamphlets as a number are ending up in the trash. And how do we provide money for those who are printing Meeting Directories. PR is offering to print flyers for the facilities we currently serve.

New Business: (including nominations and panel leaders):

- Applications for MCI Framingham will be made available for members upon request from the Chair.
- Writing Steps for Recovery: Send out information with minutes when we receive it from the WSR Chair.
- FNSOG Retreat H&I presentation (appoint ad-hoc chair): Patti M. is appointed.
- Questions to consider for the next meeting regarding the Learning Day:
 I question whether camp out is the best place for LD (Retreat 2025 Step 12)? Yes
 but not as a learning day but a workshop slot.
 - Learning Day on August 2nd: work with Events to organize an H&I Learning Day with an Events. Members will work closely with whomever is appointed as Chair.
 - To reimburse the Vice-Chair for 3 ink cartridges to print meeting directories for the next half a year. (\$81). Passes unanimously.
 - Chair will reach out to CHL.

Open Positions:

Literature Coordinator: Ashley S. nominated, qualified, and elected unanimously.

Panel Coordinator: The Haven: Still no word on a Facility Contact

Epiphany Wellness: Outpatient, should not fall under H&I.

Panel Leader:

New Panel Leaders and Members: <u>REMINDER TO ALL PANEL LEADERS: PLEASE MAKE SURE TO GO OVER THE DOS AND DONTS WITH PANEL MEMBERS PRIOR TO YOUR COMMITMENT.</u>

Meeting closed with the addict circle, a moment of silence and the 3rd step prayer.

Next meeting is scheduled for December 15th, 6:00pm at 44 Temple Street (Saint John's Church) in the Rectory, with orientation held at 5:30pm. The meeting will also be available via Zoom: ID: 98215126502 Passcode: NA1953