

Central Mass Area Hospitals and Institutions Subcommittee Meeting

August 18th, 2024 6:00pm

44 Temple Street Worcester

[Zoom: ID: 98215126502 Passcode: NA1953](#)

Orientation for new members using the orientation packet and NA virtual outreach video: <https://youtu.be/izqiNI81qeM> a half hour before the regularly held meeting (5:30pm). Mike D attended and will be going on commitments asap! Welcome!

Meeting opened with a moment of silence, the unity version of the serenity prayer, and collective reading of; the [12 Traditions of NA](#), the [12 Concepts for NA service](#) and, [A Vision for NA Service](#).

10 (10) addicts were in attendance. 9 in person and 1 online

[Click here for Commitment Calendar](#)

[Minutes for July](#) were accepted.

Executive Reports

Chairperson (John D. 6/2023): I attended Region this past Saturday 10, 2024. 9 addicts attended. Here is a brief synopsis of what was discussed:

Scheduling the next Writing Steps for Recovery (WSR) meeting

- WSR Chair wanted to try to include the secretary, but they said they could not commit to meeting on Monday evenings. An addict asked what the purpose of the off-month meeting was. WSR explained that the subcommittee previously voted to have this meeting. An addict asked if the WSR Chair thought if the interim meeting was useful. Subcommittee established September 16th at 6:30PM as the next off-month WSR meeting. A motion was made to cancel the off-month WSR meetings and seconded. The

vote was 4 in favor and 4 against. The Chair voted to break the tie. The final vote was 5 in favor and 4 opposed and no abstentions. The motion did not pass.

- A motion was made to read and discuss the concept of the month at the beginning of the meeting. Eliminating the reading of the steps was also added to the motion. 2 opposed. 5 in favor. 1 abstention. Motion passed. Secretary will update the format.

- An addict expressed a desire to have a contact list with subcommittee members' contact info. They also said they would like a document containing the meeting days and times for each areas' H&I subcommittee. Chair will share an old spreadsheet with contact with the secretary to be updated. Secretary will put together these documents and share them with the subcommittee's members.

- An addict asked about the NERNA H&I Chair making a money motion to have NA literature in English and other languages distributed to correctional facilities in the region's respective areas. An addict indicated that distributing literature to facilities was typically delegated to areas. Another addict suggested that maybe this is something that can occur once we are in more correctional facilities.

Patti M and I met to go over her plan for learning day which we will vote on today. I made a money motion at our ASC meeting of \$150 for our annual H&I Learning Day (to be held at the upcoming Spur of the Moment Campout) that was approved.

ILS,

John D

CMANA H&I Chairman

Vice-Chairperson (Patti M. 07/2024):

Attended Area mtg Aug.5 with Chair

Attended most of Region H&I zoom Aug 10 (from airport)

Met with Chair to discuss preliminary plans for the Learning Session at Spur of the Moment Campout.

Secretary (Jonathan S., (thevirtualjonathan@gmail.com):

- Minutes and relevant attachments for H&I service were sent out, including the [multi-zonal videotools workgroup's H&I orientation video](#).
- Previous month's minutes were moved to the [Archive drive folder](#).
- Updates will be made to the [Open Commitment Calendar](#) as needed.
- Met early with the Assistant Secretary to continue training.

ILS,

Jonathan S.

Assistant Secretary (Jessica G.): Continuing to learn, will meet with the Secretary this month.

Literature Coordinator (Ashley E. M.):

Assistant Literature Coordinator (Sean B.): Report is "No Report."

IF YOU ARE A PANEL COORDINATOR, PLEASE CHECK THE CALENDAR TO MAKE SURE THAT IT REFLECTS THE CORRECT DAYS AND TIMES FOR COMMITMENTS.

Panel Coordinator Reports:

AdCare (Patti M.): 5 commitments, all are filled. Looking for more commitments, masks and vaccination cards are no longer required. No food or drinks should be brought into the commitment. Adcare would like additional commitments if anyone is interested, they'll work with your schedule. Everything stayed the same with exception of two new Panel Leaders Gina W. 2nd Wed of month Hugs not Drugs, Evelyn F. 1st Tuesday of month Notes: some difficulties with space for panel. Sometimes put in a kitchen where people are constantly in and out for snacks and coffee. Explained as renovations happenings can't always find a place for us. They continue to praise H&I as the "hope filled " people. Pick a night any night but all commitments are held 7p-8p. **Outside food and drink are**

prohibited.

CHL Detox(Sean B.): commitments are on hold, will check back this month.

CHL MYR (Sean B.): 1st, 3rd Monday, and 2nd Tuesday are all filled beginning September 10th.

CHL TSS (Sean B.): commitments are on hold, will check back this month.

Naukeag (Marissa R.): 2 (two) commitments, both filled. The facility does not want virtual commitments.

RCA (Marc H.): 12 (twelve) commitments, all but the 1st Sunday and 1st Tuesday are filled. Looking for permanents on those days, so far panel members have been going per diem. The facility does not want virtual commitments.

Spectrum Detox (Penny D.): 1 (one) commitment filled. Requesting more commitments if possible.

Spectrum Faris (Penny D.): 2 (two) commitments, both filled. Requesting more commitments if possible.

Spectrum NERC (Penny D.): 4 (four) commitments, all are filled. Requesting more commitments if possible.

Sunrise Detox (Frank D.): 4 (four) commitments with the 1st Sunday filled, the other Sundays open. There have been per diem commitments going in when the facility has asked and we have had the panels to fulfill the request.

The Haven New England (OPEN): Will be reached out to this month.

Veterans Inc. (Jenna J.): 10 (ten) commitments are all filled. Requesting more commitments if possible.

Washburn (Andy M.): 4 (four) commitments are currently filled, one at the detox twice a month 1st and 2nd Tuesday and 1 (one) weekly on Wednesdays, 1 (one) weekly on Wednesdays at CSS and one on the 2nd Sunday. The weekly Wednesday commitment is currently being covered for the time being with a permanent panel leader being sought.

Worcester County House of Corrections (Open): Closed until further notice.

Ongoing Discussions/Projects:

- To amend the clean date question on the google form to include "off MAT". Jonathan will contact the creator of the form to make the amendment. (asked CJ awaiting response)
- Reach out to all H&I trusted servants to attend and introduce themselves at regularly scheduled H&I subcommittee meetings. (ongoing)
- Panel Coordinators will ask their respective facilities if they'd be open to holding virtual commitments. And make them aware of virtual commitments. (ongoing)
- Concepts Ad-Hoc (Sean B.): will begin next month.
- Learning Day Ad-Hoc (Patti M): Discussed a basic framework based in IP 20 and

Principles & Leadership in NA Service. Intention is to provide a concrete understanding of the number of addicts we serve in H&I, while inviting members into service. Our thoughts centered around a "theme" of H&I being a bridge to NA Mtgs. Out of town H&I Chair on hold as speaker pending approval of the subcommittee. Subcommittee approval needed for any further adjunct mtg. Many ways for all of us to be involved. My apologies for jumping into this so quickly. I was concerned about the closeness of the event. I am in a learning position.

ILS,

Patti M.

[Proposal](#)

Next meeting will be 08/22 on the ASC zoom: [Join Zoom Meeting](#) Meeting ID: 982 1512 6502 Passcode: NA1953

- Service Slam Liaison (Jessica G.): Will remind the Events chair as well as attend the Events Subcommittee meeting.

Open Forum: (15 minutes):

- Meeting Directories and Information Pamphlets go very quickly on commitments.

New Business: (including nominations and panel leaders):

Proposal: Approve the proposed Learning Day found herein. Unanimous consensus.

Open Positions:

Panel Coordinator: The Haven, Washburn

Panel Leader: Mike D. qualified, and was approved unanimously.

New Panel Leaders and Members: **REMINDER TO ALL PANEL LEADERS: PLEASE MAKE SURE TO GO OVER THE DOS AND DONT'S WITH PANEL MEMBERS PRIOR TO YOUR COMMITMENT.**

Meeting closed with the addict circle, a moment of silence and the 3rd step prayer.

Next meeting is scheduled for September 15th, 6:00pm at 44 Temple Street (Saint John's Church) in the Rectory, with orientation held at 5:30pm. The meeting will also be available via [Zoom: ID: 98215126502 Passcode: NA1953](#)