

Central Mass Area Hospitals and Institutions Subcommittee Meeting

April 21st, 2024 6:00pm

44 Temple Street Worcester

[Zoom: ID: 98215126502 Passcode: NA1953](#)

Orientation for new members using the orientation packet and NA virtual outreach video: <https://youtu.be/izqiNI81qeM> a half hour before the regularly held meeting (5:30pm). Amy T. was in attendance, Please Welcome her in!

Meeting opened with a moment of silence, the unity version of the serenity prayer, and collective reading of; the [12 Traditions of NA](#), the [12 Concepts for NA service](#) and, [A Vision for NA Service](#).

14 (fourteen) addicts were in attendance.

[Minutes for March](#) were accepted.

Executive Reports

Chairperson (John D. 6/2023): I attended the Regional H&I Subcommittee Service Meeting. We elected a H&I Regional Secretary Cheryl G, I submitted CMANA' H&I's report and we may be going into Federal Prison Facilities more will be revealed. The subcommittee meeting had 16 addicts in attendance. We had a subcommittee meeting on March 17. We held and will hold panel member orientation at 5:30 prior to the subcommittee meeting going forward. We are in 14 facilities of which 12 are currently active. We have 9 open commitments and some facilities are requesting additional commitments. Worcester County House of Corrections is no longer accepting our commitment due to no shows. The Mass DOC is looking for commitments, especially the Framingham facility. If you are interested let me know and I will forward the appropriate contact. Spectrum, Sunrise and AdCare are definitely looking for additional commitments. The commitment sign up sheet is active. The calendar coordinator position is vacant. Rent is paid. Literature order has been ordered this month if you need literature for your panel contact me or Ashley M.

ILS,

John D.

H&I Chairman

Vice-Chairperson (CJ 10/2023): Currently working on compressing orientation packet script to make the orientation experience more simple.

ILS,

CeeeeeeeJay

Secretary (Jonathan S., (thevirtualjonathan@gmail.com):

- Minutes and relevant attachments for H&I service were sent out.
- The [multi-zonal videotools workgroup's H&I orientation video](#) will also continue to be included in the minutes.
- The survey for H&I Basics was taken down at the end of March when input was closed. (Hope you filled it out).
- A backlog of minutes has been created and past minutes will be uploaded this week to the drive folder.
- Met with the new assistant secretary to guide them through existing H&I material and how to prepare for and take notes during the subcommittee meeting.

ILS,

Jonathan S.

Assistant Secretary (Jessica G.): Met up a few times with the Secretary in person and over zoom to learn the responsibilities of the position. Was given access to the [commitment calendars](#).

Literature Coordinator (Ashley E. M.): Literature order was placed.

Assistant Literature Coordinator (Sean B.): Still learning, assisting Ashley with making packets, distributing literature and preparing next months order.

Concepts Ad-Hoc (Jenn B.): absent.

IF YOU ARE A PANEL COORDINATOR, PLEASE CHECK THE CALENDAR TO MAKE SURE THAT IT REFLECTS THE CORRECT DAYS AND TIMES FOR COMMITMENTS.

Panel Coordinator Reports:

AdCare (Patti M.): 4 commitments, all are filled. Looking for more commitments, masks and vaccination cards are no longer required. No food or drinks should be brought into the commitment. Adcare would like additional commitments if anyone is interested, they'll work with your schedule. Pick a night any night but all commitments are held 7p-8p. There was concern over other commitments going in which was observed in the commitment sign in the book, will be reaching out to those who identify as NA. **Outside food and drink are prohibited.**

CHL Detox(Sean B.): commitments are on hold, will check back this month.

CHL MYR (Sean B.): 2 (two) commitments 1st Monday and 2nd Tuesday are filled. 3rd Monday and 1st and 3rd Tuesday are open.

CHL TSS (Sean B.): commitments are on hold, will check back this month.

Naukeag (Marissa R.): 2 (two) commitments, both are filled.

RCA (Marci H.): 12 (twelve) commitments, 11 are filled with the 1st Sunday open. There was concern over content being spoken at some of the commitments.

Spectrum Detox (Penny D.): 1 (one) commitment filled. Requesting more commitments if possible.

Spectrum Faris (Penny D.): 2 (two) commitments, both filled. Requesting more commitments if possible.

Spectrum NERC (Penny D.): 4 (four) commitments, all are filled. Requesting more commitments if possible.

Sunrise Detox (Jason M.): 4 (four) commitments with the 1st, 2nd and 3rd Sundays are filled with the 4th being open.

The Haven New England (Jason M.): 1 (one) commitment. 1st Thursday filled.

Veterans Inc. (Jenna J.): 10 (ten) commitments are all filled.

Washburn (Andy M.): 4 (four) commitments are currently filled, one at the detox twice a month 1st and 2nd Tuesday and 1 (one) weekly on Wednesdays, 1 (one) weekly on Wednesdays at CSS and one on the 2nd Sunday. Requesting one more commitment during the week at night.

Worcester County House of Corrections (Open): Closed until further notice.

Ongoing Projects:

- Orientation rotating to another panel coordinator, it will be Patti M. next month.

- Reach out to all H&I trusted servants to attend and introduce themselves at regularly scheduled H&I subcommittee meetings.

Open Forum: [Concepts Ad-hoc](#) (15 minutes): tabled

- Concern regarding the message being carried on commitments:

Another panel coordinator used a group text with all panel leaders to remind them of the do's and don'ts and to go over them with the panel members. And if panel leaders are unable to attend their commitment to make sure to let the coordinator know. A call out is better than a no-show.

Another panel coordinator was opposed to the group text as it may be ignored. The suggestion made was to message each panel leader individually.

A group text can remind people without them feeling targeted. An individual text with the preface that everyone is receiving the same text could be done as well

How can a group text be verified as read? Ask for a response.

- Can you qualify new panel leaders without them having to attend the H&I subcommittee meeting? Yes via the questionnaire.
- Could "are you on MAT" be included on the google form. Yes it can.
- H&I is being credited with helping an addict who was contemplating relapse to not pick up. And wanted to express their gratitude at this subcommittee meeting.
- A member had questions about how to become a panel leader.
- Inclusion of a second Learning Day annually: this body used to hold two learning

days a year. The larger the project the more members will need to serve. Due to the lack of support at the ASC in all subcommittees it is suggested that we bring up holding a service slam or service day that would incorporate the other subcommittees at the next ASC meeting.

New Business: (including nominations and panel leaders):

- To amend the clean date question on the google form to include “off MAT”.
- John D. was elected for another term for H&I chairperson with the recommendation of this subcommittee.

Open Positions:

New Panel Leaders and Members: Amy T., Frank S. (panel leaders)

REMINDER TO ALL PANEL LEADERS: PLEASE MAKE SURE TO GO OVER THE DOS AND DONT'S WITH PANEL MEMBERS PRIOR TO YOUR COMMITMENT.

Meeting closed with the addict circle, a moment of silence and the 3rd step prayer.

Next meeting is scheduled for May 19th, 6:00pm at 44 Temple Street (Saint John's Church) in the Rectory, with orientation held at 5:30pm. The meeting will also be available via [Zoom: ID: 98215126502 Passcode: NA1953](#)